July Summer Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7/1 Glazed Breakfast Bar Milk, Apples		7/3 Yogurt & Granola Milk, Frozen Strawberries	7/4	7/5 Cereal & Elf Grahams Milk, Oranges
Corn Dog Build - A- Pizza Mixed berry cup, Chilled Applesauce	Pretzel Ham Melt Cheese Sandwich Frz. Sliced Peaches, Chilled Mixed Fruit	Orange Chicken Garden Salad W/ Roll Watermelon, Chilled Pears		Beef Soft Tacos Garden Salad Sliced Strawberries, Chilled Applesauce
Carrots, Fries 7/8	Broccoli Salad, Pork'n Beans 7/9	Carrots, Cucumbers 7/10	7/11	Carrots, Caesar Salad 7/12
Pop tart & String Cheese Milk, Strawberry Cups		Donut Milk, Chilled Peaches	Glazed Breakfast Bar Milk, Craisins	Cereal & Elf Grahams Milk, Apples
Hamburger Veggie Wrap	Chicken Quesadilla Fruit Parfait W/ Granola	Chicken Nuggets W/ Goldfish Build- A - Pizza	Bean & Cheese Burrito Ham Sandwich	Pizza Turkey Sandwich
Apples, Chilled Pears Carrots, Pinto Beans	Craisins, Chilled Peaches Broccoli, Celery	Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Apples, Chilled Peaches Celery, Cauliflower	Sliced Strawberries & Chilled Applesauce Carrots, Broccoli
7/15 Glazed Breakfast Bar Milk, Apples	Pop tart & String Cheese	7/17 Yogurt & Granola Milk, Frozen Strawberries	7/18 Muffin & Sunflower Seeds Milk, Applesauce Cups	7/19 Cereal & Elf Grahams Milk, Oranges
Corn Dog Build - A- Pizza	Pretzel Ham Melt Cheese Sandwich	Orange Chicken Garden Salad W/ Roll	Pull - A - Part Bread Turkey Bacon Wrap	Beef Soft Tacos Garden Salad
Mixed berry cup, Chilled Applesauce Carrots, Fries	Frz. Sliced Peaches, Chilled Mixed Fruit Broccoli Salad, Pork'n Beans	Watermelon, Chilled Pears Carrots, Cucumbers	Oranges , Chilled Peaches Celery, Cauliflower	Sliced Strawberries, Chilled Applesauce Carrots, Caesar Salad
7/22 Pop tart & String Cheese Milk, Strawberry Cups		Donut	7/25 Glazed Breakfast Bar Milk, Craisins	7/26 Cereal & Elf Grahams ^{Milk, Apples}
Hamburger Veggie Wrap	Chicken Quesadilla Fruit Parfait W/ Granola	Chicken Nuggets W/ Goldfish Build- A - Pizza	Bean & Cheese Burrito Ham Sandwich	Pizza Turkey Sandwich
Apples, Chilled Pears Carrots, Pinto Beans	Craisins, Chilled Peaches Broccoli, Celery	Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Apples, Chilled Peaches Celery, Cauliflower	Sliced Strawberries & Chilled Applesauce Carrots, Broccoli

^{*}Cereal and Elf grahams are served every day as an alternative option to the listed entrée at breakfast. Juice is also offered every day with all breakfasts.



When school is out, Summer Lunch Buddies are in! Many of our sites will be offering free breakfast and lunch this summer. Visit www.Peoriaunified.org for participating locations. You may also visit www.eatwellbewell.org/summerfood for locations across Arizona and the United States.

Themed Shirt days

Monday - Sport/Spirit Day Wednesday - Hawaiian Shirt Day Friday - Super Hero Day