

P.E. Supply List (5th – 8th Grade)

All students in grades 5-8 will wear a Vistancia PE uniform for Physical Education. Dressing out enables students to participate to their highest potential and maintain optimal hygiene in the classroom. A Vistancia PE uniform can be purchased through the Vistancia PTO (see website below). These can be purchased in August. *Samples will be available on Back to School Night.

Students are required to label their uniform.

Students will need:

PE uniform <http://www.athleticink.net/vistancia/shop/home>

Athletic style tennis shoes and socks

Combination lock (key locks are not acceptable)

Lockers will not be issued until students bring a lock

Non-aerosol solid stick deodorant

No glass items are allowed in the locker rooms

Label all personal items and keep them locked up. Do not share your locker combination!

Students are expected to:

Come to class prepared, dressed out, and ready to participate.

Demonstrate sportsmanship, teamwork, and cooperation skills necessary to be successful.

Respect yourself, others, and the equipment of Vistancia Elementary school.

Medical/Injury Information:

Take medical excuses to the nurse's office before school.

If you have an injury that will limit your activity, you must report to nurse **before school.**

Medical limitations longer than one week require a doctor's note.

If doctor's note does not give a date to start regular activity, you will need a doctor's release note to resume activity.

Donations are appreciated:

Tissue

Baby wipes

Band-aids

New or gently used playground equipment

Thank you,

Vistancia PE Department