



Lions Athletic Department

“Where Tradition Never Graduates”

Education through Athletics

Liberty High School values the lessons that have long been taught by athletic participation: the pursuit of excellence through personal development and teamwork, ethical and responsible behavior on the field and off, adherence to the spirit of rules, leadership and strength of character, and sportsmanship.

**Students will need to complete “Register My Athlete” prior to our trying out for any sports at Liberty High School

<https://www.peoriaunified.org/domain/567>

Fall Sports Tryout Information

Boys and Girls Golf

- Friday, August 12th --There will be a mandatory informational meeting both before (6:50AM) and after (2:25) school in coaches’ classrooms
- (BOYS Room 1-205/GIRLS Room 1-215).
- Those wishing to tryout must attend one of these meetings.
- Tryouts will take place at Blackstone CC on Tuesday, August 16th through Friday, August 19th.
- Tryouts will start at 3:00PM and last until approximately 6:00PM.
- Transportation to and from Blackstone CC will be provided if needed.

Boys’ and Girls’ Swim and Dive

- *August 10th, 11th, and 12th are the try out dates for the swim team. Please see below for specific days and times for try outs according to your last name.*
- *If you are unable to make your particular day and time on 8/10 or 8/11, please contact one of the coaches.*



- Coach Wilk Jwilk@pusd11.net
- Coach Hazen Rhazen@pusd11.net
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- *August 12th is the absolute last day to try out for the swim team.*
- *August 10 3:30-4:15pm Last names A-F August 10 4:15-5:00pm Last names G-L*
- *August 11 3:30-4:15pm Last names M-R August 11 4:15-5:00pm Last names S-Z*
- *August 12 4:45-5:30pm **Any swimmer who could not make their time slot*

Football

- Varsity/JV
 - Camp - July 23-26, once return from Camp OFF until August 1
 - Lifting - August 1,2,3 - Varsity D 7am, Varsity O 8am, JV 9am
 - Practice - August 1 - 4th 5pm-7pm, Official Practice starts Monday August 8th
- Freshman
 - Last day of summer weight training will be July 21
 - OFF July 22 - July 31
 - Practice - August 1-4 5pm-7pm, Official Practice starts Monday August 8th

Volleyball

- August 8th-10th
- All Levels 3:00 PM- 5:00 PM (Check in in registration 2:30 PM)
- Meet in the Main Gym

Badminton

- Thursday, August 11th Friday August 12th and Monday August 15th
- 2:45-4:45 PM
- Meet in the Practice Gym



Cheerleading

- JV/Fall tryouts
- Monday August 1st thru Wednesday August 3rd
- 9:00-12:30 in the cafeteria.
- Monday and Tuesday will be clinics to teach the material needed for the tryout which will be held on Wednesday.
- We will be announcing the team online sometime Thurs/Friday. Our parent meeting for the new team will be on 8/9- from 5:30-6:30.

Pom

- Monday, August 1st in the Dance Room. Tryout Application due!!
- August 1-3 from 9-11am in the dance room
- Clinic-Monday, August 1st from 9-11am
- Clinic-Tuesday, August 2nd from 9-11am
- Tryouts-Wednesday, August 3rd beginning at 9am
- If need copy of Pom Application please email Coach Smith:
DevSmith@pusd11.net

Boys' and Girls' Cross Country

- 1st Day of Practice/Tryouts: Wednesday August 10th 6:00 PM meet at Track
- Weekly Practice Schedule
- Mondays----6:00pm/location may vary
- Tuesdays – Fridays –6:00pm/ LHS Building 5 RED building by Track
- Saturdays---5:30am/location will vary

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