

2nd, 3rd, and 4th Grade Course (0.5 Miles)



- Start on the north goal line and run diagonally toward the southwest gate.
- Turn LEFT between the tennis courts and track to run east toward the JV baseball field.
- Turn RIGHT to run south toward the practice field entrance.
- Turn LEFT to run between the baseball field fence and the basketball courts.
- Turn LEFT to run north along the 89th Avenue fence
- Turn LEFT to run west between the varsity and JV baseball fields, back toward the stadium.
- Angle LEFT back toward the sidewalk between the tennis courts and track and re-enter the stadium through the southwest gate.
- Run NORTH, straight up the track, to the finish line near the northern 40-yard line.

5th and 6th Grade Course (1 Mile)



- Start on the south goal line and run northeast to the track.
- Run around the track 200 meters and exit through the southwest gate near the tennis courts.
- Turn LEFT between the tennis courts and track to run east toward the JV baseball field.
- Turn RIGHT to run south toward the varsity softball field.
- Angle LEFT to run between the batting cage and softball dugout and then run around the outer perimeter of the varsity softball field.
- When you reach the sidewalk, continue straight north along the 89th Avenue fence to run the length of the entire practice field.
- Turn LEFT at the end of the practice field and run west between the two baseball fields, heading back toward the stadium.
- Turn LEFT at the end of the fields to head south toward the sidewalk near the tennis courts.
- Turn RIGHT to head onto the sidewalk next to the tennis courts, west back toward the southwest stadium gate.
- Enter the stadium by turning RIGHT, and complete a three-quarters lap of the track to the finish line, roughly at the 50-yard line, in front of the home stands.

7th and 8th Grade Course (1.5 Miles)



- Start on the south goal line and run northeast to the track.
- Run around the track 200 meters and exit through the southwest gate near the tennis courts.
- Turn LEFT between the tennis courts and track to run east toward the JV baseball field.
- Turn RIGHT to run south toward the varsity softball field.
- Angle left to run between the batting cage and softball dugout.
- Run around the outer perimeter of the varsity softball field.
- Continue north along the 89th Avenue fence to run the length of the entire practice field.
- Turn LEFT at the end of the practice field and run west between the two baseball fields, heading back toward the stadium.
- Turn LEFT at the end of the fields to head south back toward the softball fields.
- At the sidewalk that runs between the two softball fields, turn LEFT to head east toward 89th Avenue.
- Turn LEFT at the edge of the practice field and again run north to the end of the practice field.
- Turn LEFT between the baseball fields and run west back toward the stadium. Once you pass the baseball fields, turn LEFT to head back toward the sidewalk near the tennis courts.
- Turn RIGHT to head west back toward the southwest stadium gate.
- Enter the stadium, turn RIGHT, and complete a three-quarters lap of the track to the finish line, roughly at the 50-yard line, in front of the home stands.