

Elementary Physical Education
Materials List
K-5

FLVS Global



PE Grade K

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper

Module Specific Materials:

Module 01

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/ cereal boxes
- balloon

Module 02

- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag

- book
- chairs
- clothes/socks
- chalk
- pillow

Module 03

- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag
- book
- chairs
- clothes/socks
- chalk
- balloon

Module 04

- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag
- book
- chairs
- clothes/socks
- ruler/tape measure
- chalk
- balloon

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes

PE Grade 1

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module 01

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (small, medium, large)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 02

- playdough
- stuffed animal, doll, or LEGO®

- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 03

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 04

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic bands or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks



- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes

PE Grade 2

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- playdough
- stuffed animal or a doll
- bubbles
- pool noodle
- jump rope
- chalk
- pebble
- music
- a doll or action figure
- rubber bands
- a cloth
- sticks
- sponge
- plastic bag
- sticky note
- glove
- blankets or towels
- cones/paper plates/buckets/laundry baskets/boxes/rocks

- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, basketball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon
- bowl
- pasta noodles
- fork or tongs
- cardboard
- yard stick or broom handle
- horse head template
- pillows
- deck of cards
- paper or string streamers
- bean bags

Module Two

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module Three

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk

- pebble
- music
- chrome nuts (building supply)
- cones, paper plates, buckets, laundry baskets, boxes, rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- Hula Hoop™
- shoe
- bowling pins, empty soda bottles, water bottles, cereal boxes
- balloon
- straws

Module Four

- playdough
- stuffed animal, doll, or LEGO®
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- ice cubes
- jump rope
- a cushion
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball, basketball)
- clothing
- music
- 6 hula-hoops
- shoe
- bowling pins/empty soda
- bottles/water bottles/ cereal boxes
- balloon
- 6 or more cones

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes

PE Grade 3

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- playdough
- stuffed animal or a doll
- bubbles
- pool noodle
- jump rope
- chalk
- pebble
- music
- a doll or action figure
- rubber bands
- a cloth
- sticks
- sponge
- plastic bag
- sticky note
- glove
- blankets or towels
- cones/paper plates/buckets/laundry baskets/boxes/rocks

- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, basketball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon
- bowl
- pasta noodles
- fork or tongs
- tape
- cardboard
- yard stick or broom handle
- horse head template
- pillows
- deck of cards
- paper or string streamers
- bean bags

Module Two

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module Three

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope

- chalk
- pebble
- music
- chrome nuts (building supply)
- cones, paper plates, buckets, laundry baskets, boxes, rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- Hula Hoop™
- shoe
- bowling pins, empty soda bottles, water bottles, cereal boxes
- balloon
- straws

Module Four

- playdough
- stuffed animal, doll, or LEGO®
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- ice cubes
- jump rope
- a cushion
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball, basketball)
- clothing
- music
- 6 hula-hoops
- shoe
- bowling pins/empty soda
- bottles/water bottles/ cereal boxes
- balloon
- 6 or more cones

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes

PE Grade 4

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- cones
- chalk
- wooden boards
- water bottle
- duct tape
- scissors
- string
- rolled up socks or crumpled paper
- buckets, baskets, or bins
- two jump ropes
- a ladder
- bean bags
- two nets
- rope
- pillows
- hula hoops
- two glasses
- tap water
- tonic water

- black paper
- various balls of difference sizes
- weight scale
- chair
- sand or gravel
- yard stick or a measuring tape
- cotton balls
- a spoon
- various obstacles
- a bowl
- pool noodles
- sticks
- a potato

Module Two

- playdough
- stuffed animal or a doll
- bubbles
- pool noodle
- jump rope
- chalk
- sand or small rocks
- music
- chairs
- cones
- bean bags
- food labels
- measuring device (ruler or measuring tape)
- bucket
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- three hula hoops
- water bottles
- balloons
- rubber bands
- $\frac{1}{4}$ measuring cup
- large bowls
- a stop watch or timer
- a bicycle
- magazines
- newspaper
- a tennis racquet

- paper or plastic cups

Module Three

- various balls (football, soccer, volleyball, beach ball, tennis)
- basketball hoop
- chalk
- nutrition labels
- knife
- vegetable peeler
- grater
- chopping board
- a shuttlecock
- a bin (basket or a bucket)
- paddle
- golf club
- balloons
- several plastic bags
- newspaper
- string or twist tie
- chairs
- several cones
- a plastic cup
- tape
- a golf ball
- a golf putter (or bat, yard stick, or mallet)
- a bean bag
- beach towels
- cones
- rope
- 4–8 hula hoops
- a stopwatch
- a racquet (badminton or tennis)

Module Four

- music
- swim area (or on-land substitution)
- hula hoop
- pots
- stop timer or watch
- a small toy or stickers
- jump rope
- a recording device
- large piece of paper

- four water bottles
- two pool noodles
- a beach ball or a balloon
- a bucket
- a map (if available)
- chair
- agility ladder
- balloons
- pans
- wooden spoons
- cookie sheet
- magazines
- pedometer (or equivalent app)
- pattern blocks
- a book or barrier
- two hula hoops
- a bean bag
- a baseball or tennis ball
- paper fastener, paper clips, or ribbon
- blankets or towels
- cones
- a basketball
- a backpack

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes

PE Grade 5

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Lesson Specific Materials:

Module One

- Cones
- Gauze pads
- Tweezers
- Alcohol wipes
- Sanitizer
- Hot dogs
- Egg
- Scale
- Wooden boards (or anything that can be driven over on a bicycle)
- Plastic bottles
- Broom stick
- Sand
- Rope
- PVC pipe
- Steel washers

Module Two

- Playdough
- Towel

- Rope
- Jump rope
- Cones
- Calculator
- Stopwatch
- Chalk
- Music player
- Bean bags
- Chair
- Garden hose
- Resistance band
- Baseball
- Beam, board, or tape
- Rubber band
- Cling wrap
- Paper clip
- Aluminum foil
- String
- Cardboard
- Three different sized balls or objects
- Music player
- Basketball hoop
- Basketball
- Bar or rope
- Soft or sponge balls
- Volleyball (or light large equivalent ball)
- Measuring cups (optional)
- Food of choice
- Plastic cups
- Various foods
- Plastic bags or containers
- Tennis ball

Module Three

- Cones
- Net
- Chalk
- Tape
- Racquet (tennis and badminton)
- Shuttlecock
- Various long-handled implement
- Shuttlecock
- Clothespins

- Hula-hoops
- Basket
- Rolled up socks or balls
- Balls of various sizes
- String
- Cups
- Chopsticks
- Bowls
- Timer
- Measuring cups
- Teaspoons
- Flour
- Unsweetened cocoa powder
- Sugar
- Baking soda
- Salt
- Coconut oil or organic canola oil
- Beets
- Apple cider vinegar
- Vinegar
- Egg
- Oil
- Berries
- Celery stalk
- Green onion roots
- Mushroom stalk
- Pineapple roots
- Pretzels
- Grapes
- Food samples
- Tape
- A cutting board
- A knife
- A baking sheet
- Two large apples
- Rolled oats
- Crushed nuts
- Cinnamon
- Muffin tin
- Toothpick
- Whole wheat flour
- Bran
- Honey

- Baking soda
- Salt
- Balloons
- Newspaper
- Avocados
- Maple syrup
- Spoons
- A cake pan

Module Four

- A hat
- Timer
- Cones
- Cushions
- Chalk
- Various balls of different sizes
- A sticky note pad
- Hula-hoop
- A manipulative such as a ribbon, ball, Hula-hoop
- A basketball hoop
- A recording device
- Stopwatch or timer
- Pedometer (or equivalent App)
- Small toy or sticker
- Large open space
- Various sized balls
- Ribbon, batons
- Chair
- Hula-hoop
- Jump rope
- Music
- 16 objects you can stand on
- Two jump ropes

Free Downloads:

- Java
- Windows Media Player
- Apple iTunes