

Program Dates:
Monday, May 23rd
through
Friday, Aug 5th



For
Incoming
7-9th
graders



Centennial HS
14388 N. 79th AVE.
Peoria, AZ 85381
www.centennialcoyotesfootball.com

Improve your strength, speed, conditioning & football skills with our successful program.

2022 CENTENNIAL COYOTES SUMMER FOOTBALL PROGRAM (7, 8, 9 Grade)



**WEIGHTLIFTING
DAYS/TIMES:**

For 7, 8, 9 Graders:

Monday through Friday

7:30 am- 9:00 am

*All activities begin Monday, May 23rd

**FOOTBALL SPEED/SKILLS
DAYS/TIMES:**

Monday
Specialists (Kickers/Snappers)
6pm-7:30 pm

Tuesday & Thursday
OL/DL Lineman Camp:
6pm-7:00 pm

Wednesday
Speed & Conditioning,
7:30am-9:00 am

HOW DO I SIGN UP?
Bring your registration and payment (\$95) to the Centennial HS Bookstore. Pay with debit card, cash or check (checks made out to: Centennial High School).
Bookstore phone #: (623) 412-4417

For more information contact
Coach Andrew Taylor:
antaylor@pusd11.net

For the latest information
follow our website:
www.centennialcoyotesfootball.com

**Centennial Coyotes Summer
Football Program
Cost: \$95**

*All participants will receive a detailed weightlifting program, strength building sessions with weightlifting instruction appropriate for skill level, participation in speed, agility, quickness, and conditioning drills. Participants need workout clothes, water, running shoes and cleats.

CEHS SUMMER FOOTBALL CAMP REGISTRATION 2022

Player's First & Last Name: _____

Parent Name & Phone Number: _____

Grade Level : _____ Date Paid: _____
Bookstore use only