



Dear Parents/Guardians,

Welcome back! Please read and keep as a reference for our Protocols and Procedures for 20-21 school Year.

Due to the emergence of COVID-19 we have had to change our approach when treating students with symptoms of illness. It will be important for you to monitor your child for signs of illness and consult with your medical provider. These changes are only temporary.

**PLEASE TAKE YOUR CHILD'S TEMPERATURE PRIOR TO SCHOOL. KEEP HOME IF 100 OR GREATER.**

Symptoms of COVID-19 may take 2 to 14 days to appear after exposure to the virus. Per Maricopa County Department of Public Health, please keep your child home if your child has one or more of the following symptoms with or without a fever.

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss or distorted sense of taste or smell
- Congestion/Runny nose
- Nausea/Vomiting/Diarrhea
- Unusual level of fatigue/tiredness
- Rash

If your child presents with any (one or more) of the symptoms above during school hours, with or without a fever, your child will be sent home.

Please note that this includes headaches if not relieved with hydration and rest. We are no longer allowed to administer Acetaminophen or Tylenol as it can mask symptoms of COVID-19.

Because symptoms of COVID-19 may take days to appear, per Maricopa County Department of Public Health guidelines, please be prepared to keep your child home 10 days from the onset of symptoms. Your child's teacher may help you with the option of virtual learning during that time.

Please update your Emergency Contact Information. Have a plan or trusted individual to pick up your child within one hour in the event your child is sent home from school.

Your child may return after 10 days if better and has no fever (without use of medicines) for at least 24 hours. Your child may return earlier with a negative COVID-19 test PCR or Antigen test, not a blood test.

These restrictions are temporary and will be in effect until cleared by the Maricopa County Department of Public Health and PUSD.

Please teach your child to wash hands frequently, use tissues properly, cover coughs and sneezes with their elbow or "bat wing," not touch/pick their nose, eyes, or face and teach how to use face masks properly.

## MEDICATIONS

- Do not send medications, prescribed or over the counter (OTC) with your child.
- All prescribed or OTC medications to be administered to students must be brought to the Nurse's Office by Parent/Guardian or authorized designee.
- By law, (ARS15-344) all medications must be in the original container. Prescribed medications must have prescription label.
- Parent/Guardian must sign a Medication Procedure Form before any medication is administered.
- Nurse will be holding off on administering any medication which may mask symptoms of COVID-19.
- Please note that PUSD staff cannot administer non- FDA approved medications or supplements.

## WHEN YOUR CHILD WILL BE ABSENT DUE TO ILLNESS

- When calling the absentee hotline, please be specific about the reason your child will be staying home, i.e. stomachache, fever, cough etc.
- After you call attendance, please speak with the nurse to talk about when your child can return to school. If symptom(s) are Covid like symptoms, your child cannot return until fever free for 24 hours, 10 days since symptoms started and other symptoms are improving unless a negative covid PCR or Antigen test result is provided to nurse.
- The Nurse may request your child check in through the Health Office for a health screening upon return to school.
- Attendance hotline: \_\_\_\_\_ Nurses Office: \_\_\_\_\_

IF YOUR CHILD HAS A NEW OR CHANGING HEALTH CONCERN, PLEASE NOTIFY THE SCHOOL NURSE.