

December 2021 - High School

Free meals for all students!

Student ID's are required for every student

Daily Unlimited Fruits & Veggies:

Mon: Mandarin Oranges or Pineapple, Pears, Carrots, Zucchini or Cucumbers

Tues: Mixed Fruit, Oranges, Celery, Cauliflower

Wed: Pears, Sliced Apples Carrots, Bell Pepper

Thurs: Applesauce, Grapes, Broccoli, Jicama

Fri: Peaches, Fruit Ice or Frozen Fruit, Celery
Salad offered daily

Daily Lunch Offerings:

Pizza Protein Boxes

Spicy Chicken Sandwich Salads

Burgers Wraps

French Fries Cold Sandwiches

Every lunch includes an entree, fruit, veggie, milk & water.

Daily Breakfast Offerings:

Breakfast Pizza Boiled Eggs

Assorted Cereals Bagels

Donut Smoothies

Yogurt Pop Tarts

Every breakfast includes an entree, fruit, juice and milk.

Prices for Second Meals:

Breakfast

Lunch

2nd Student Meal: \$1.75 2nd Student Meal: \$2.75

Adult Meal: \$1.75 Adult Meal: \$3.75

Payment can be made on www.myschoolbucks.com or by cash or check at the school cafeteria.

Charge Policy: Charges are not allowed for second meals or a la carte purchases.

Menu items are subject to change without notification. Substitutions will be made.

Vegetarian Options Available Daily either with hot menu items or in Daily Lunch Offerings

This institution is an equal opportunity provider.



PEORIA UNIFIED SCHOOL DISTRICT
FOOD & NUTRITION

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Last Updated 11/09/2021

29
Cinnamon Breakfast Round
Super Nachos
Chicken Carbonara

Green Beans, Refried Beans

30
Breakfast Sandwich
Orange Chicken w/Rice Fajitas

California Blend Vegetables

1
Yogurt Parfait
Burritos
Spicy Chicken Sandwich

Street Corn

2
Apple Cinnamon Toast

Popcorn Chicken Mashed Potato Bowl

Fresh Veggies

3
Breakfast Burrito
Tacos w/Mexican Rice & Fiesta Beans
Clux Delux Sandwich w/Coleslaw

Broccoli Salad, French Fries

6
Glazed Breakfast Bar
Taco Salad
Baked Ziti

Roasted Parmesan Broccoli, Refried Beans

7
Breakfast Sandwich
Teriyaki Chicken w/Rice Quesadillas

Hot Vegetables

8
Yogurt Parfait
Taqitos
Cheeseburger

Street Corn

9
French Toast Sticks
Holiday Meal
Breaded Chicken & Scalloped Potatoes w/Roll
Bean & Cheese Burrito

Applesauce, Green Beans
Apple Crisp

10
Breakfast Burrito
Tamale w/Mexican Rice & Fiesta Beans
Meatball Sub

Garden Salad, French Fries

13
Glazed Breakfast Bar
Super Nachos
Lemon Chicken Pasta

Green Beans, Refried Beans

14
Breakfast Sandwich
Orange Chicken w/Rice Fajitas

Roasted Sriracha Cauliflower, Fortune Cookie

15
Yogurt Parfait

Early Release

16
Apple Cinnamon Toast

Early Release

17

Winter Break No School

Dec 17-Jan 2 Winter Break- No School

3
Glazed Breakfast Bar
Taco Salad
Teriyaki Chicken w/Rice

Hot Vegetables

4
Breakfast Sandwich
Spaghetti w/Meat Sauce Quesadillas

Roasted Parmesan Broccoli, Refried Beans

5
Yogurt Parfait
Burritos
Hamburger

Street Corn

6
French Toast Sticks

Popcorn Chicken Mashed Potato Bowl

Fresh Veggies

7
Breakfast Burrito
Tamales w/Mexican Rice & Fiesta Beans
Grilled Cheese w/Soup

Fiesta Bean Salad, French Fries