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Monday	Tuesday	Wednesday	Thursday	Friday
Muffin & Cheese Stick ^{11/2}  Grilled Chicken Sandwich on GF Bread	Yogurt & Cereal ^{11/3}  GF Chicken Bites w/ GF Roll	Cereal & HB Egg ^{11/4}  Sweet Southern Brunch w/ GF Bread	Cereal & Cheese Stick ^{11/5}  Garden Salad w/ GF Roll	SEC Breakfast Sandwich ^{11/6}  Cheese Pizza on GF Crust
Muffin & Cheese Stick ^{11/9}  Hamburger or Cheeseburger on GF Bread	Yogurt & Cereal ^{11/10}  Beans & Cheese w/ Scoops	^{11/11} Veterans Day No School	Cereal & Cheese Stick ^{11/12}  Grilled Cheese on GF Bread	Egg Breakfast Sandwich ^{11/13} Turkey and Cheese on GF Bread
GF Toast & Cream Cheese ^{11/16}  Chili Cheese Fries w/ GF Roll	Yogurt & Cereal ^{11/17}  Egg-cellent Protein Boat w/ Scoops	Cereal & HB Egg ^{11/18}  Turkey BLT on GF Bread	Cereal & Cheese Stick ^{11/19}  Thanksgiving Meal Turkey, Green Beans, Mashed Potatoes, GF Roll & GF Pumpkin Pie	SEC Breakfast Sandwich ^{11/20} Ham and Cheese on GF Bun
^{11/23}	^{11/24}	^{11/25}	^{11/26}	^{11/27}
 Thanksgiving Break - No School 				
Cereal & HB Egg ^{11/30}  Philly Cheesesteak on GF Bun	Yogurt & Cereal ^{12/1}  Turkey Tacos on Corn Tortilla	Cereal & HB Egg ^{12/2}  Hamburger or Cheeseburger on/ GF Bun	Cereal & Cheese Stick ^{12/3}  Popcorn Chicken Mash Bow GF Ckn Bites & GF Roll	Egg Breakfast Sandwich ^{12/4} Cheese Pizza on GF Crust

 = Vegetarian Option

Possible GF Cereals: Cheerios, Honey Nut Cheerios, Honey Nut Chex, Lucky Charms, and/or Rice Chex

There are at least 3 different fruits and vegetables available daily at our fresh fruit and vegetable bar



“The secret of getting ahead is getting started.” – Mark Twain.