

October 2023 - High School

2
Glazed Breakfast Bar
 Chicken Potstickers w/Rice
 Garlic Green Beans & Fortune Cookie

3
Breakfast Sandwich
 Walking Turkey Taco w/Mexican Rice
 Green Chili Pinto Beans

4
Yogurt Parfait
 Breakfast at Lunch & Grill Line
 Hash Browns

5
Breakfast Pizza
 Popcorn Chicken Bowl
 Featured Salad: Strawberry Chicken Spinach Salad
 Hot Corn & Mashed Potatoes

6
Breakfast Burrito
 Chili Cheese Dog
 Chili Cheeseburger
 Power-Up Chickpea Salad
 Bulk Caesar Salad

9
Columbus/Indigenous Peoples Day
No School

10
Yogurt & Muffin
 Beef Soft Taco w/Mexican Rice
 Zesty Kidney Bean Salad

11
Breakfast Pizza
 Breakfast at Lunch & Grill Line
 Tater Tots

12
Breakfast Sandwich
 Popcorn Chicken Bowl
 Featured Wrap: Fajita Chicken Hummus Wrap
 Hot Corn & Mashed Potatoes

13
Super Bun
 Mac & Cheese
 Western Bacon Cheeseburger
 Bulk Garden Salad

16
Benefit Bar
 Teriyaki Chicken w/Rice
 Roasted Parmesan Broccoli & Fortune Cookie

17
Breakfast Sandwich
 Turkey Taco Nacho
 Refried Beans

18
Yogurt Parfait
 Breakfast at Lunch & Grill Line
 Hash Browns

19
Breakfast Pizza
 Popcorn Chicken Bowl
 Featured Salad: Popcorn Chicken Salad
 Hot Corn & Mashed Potatoes

20
Breakfast Burrito
 Chicken Alfredo Penne Pasta
 Italian Chicken Sandwich
 Bulk Caesar Salad

23
Glazed Breakfast Bar
 Orange Chicken w/Rice
 Edamame & Fortune Cookie

24
Yogurt & Muffin
 Mexi-Combo w/Mexican Rice
 Corn & Black Bean Salad & Fajita Veggies

25
Breakfast Pizza
 Breakfast at Lunch & Grill Line
 Tater Tots

26
Breakfast Sandwich
 Popcorn Chicken Bowl
 Featured Wrap: Southwest Chicken Wrap
 Hot Corn & Mashed Potatoes

27
Super Bun
 Chicken & Waffles
 Chicken Clux Deluxe Sandwich
 Bulk Southwest Salad

30
Benefit Bar
 Chicken Potstickers w/Rice
 Garlic Green Beans & Fortune Cookie

31
Breakfast Sandwich
 Walking Turkey Taco w/Mexican Rice
 Green Chili Pinto Beans & Peach Crisp

Apply at peoria.schoollunchapp.com for free or reduced meals.



Prices for School Meals:

<u>Breakfast</u>	<u>Lunch</u>
Free & Reduced: \$0	Free & Reduced: \$0
Student Meal: \$1.75	Student Meal: \$2.75
Adult Meal: \$1.75	Adult Meal: \$3.75

Payment Options: www.myschoolbucks.com (fee of \$2.75) or by cash or check to the cafeteria, checks made payable to **Peoria Lunch Fund**.
Charge Policy: Alternative meal provided after two chargers. Charges are not allowed for second meals or a la carte purchases.

Breakfast Offerings:

Every breakfast includes an entrée, fruit, juice and milk. Breakfast offerings change daily throughout the week.

Breakfast Pizza	Bagels
Assorted Cereals	Smoothies
Donuts/Bread Slices	Pop Tarts

Lunch Offerings:

Every lunch includes an entrée, fruit, veggie, & milk. Lunch offerings change daily throughout the week.

Pizza	Salads
Burgers	Wraps
Grilled Items (variety)	Hot & Cold Sandwiches

Available Fruits & Veggies:

Canned Fruit (Peaches, Mixed Fruit, Pears, Applesauce, Pineapple), Apples, Oranges, Whole Pears, Bananas, Seasonal Fruit (i.e. Melons, Peaches, Strawberries, Cherries), Frozen Fruit (Blueberries, Strawberries, & Mango), Carrots, Cucumbers, Zucchini, Celery, Cauliflower, Bell Pepper (Red, Green & Yellow), Broccoli, Hummus, & Variety Bulk Salad

Menu items are subject to change without notification. Substitutions will be made.
 Vegetarian Options Available Daily

This institution is an equal opportunity provider.



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 Last Updated 9/18/2023