

Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Mon 09/25/2023 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Cream 100/1 oz	1 Each	10	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	70	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	70	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	70	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	200.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	10	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Donut, Glazed Bites 72/2.75oz (2G)	1 Bag	40	250.00	190.00	4.50	0.00	10.00	5.00	10.00	10.00	0.00	0.00	0.00	3.00	13.00	37.00
Bagel, Plain WG IW 72/cs (G2)	1 Each	10	140.00	180.00	0.00	0.00	1.00	6.00	40.00	1.80	0.00	0.00	0.00	4.00	5.00	29.00
Yogurt, Strawberry/Banana 48/cs	1 Each	10	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Bread, Pumpkin Slice 75/3.4oz (G2)	1 ea	20	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	24	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	24	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Manager's Choice Fresh Fruit	1 1 Serving	20	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	16	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Breakfast Bar, Glazed Honey Wheat, 72/cs (G2)	1 Each	10	270.00	290.00	4.00	0.00	8.00	4.00	21.00	1.00	0.00	0.00	5.00	1.00	21.00	43.00
Benefit Bar, Banana Choc Chunk, 48cs (G2)	1 Each	10	280.00	220.00	3.00	0.00	8.00	5.00	4.00	10.00	0.00	0.00	15.00	3.00	23.00	47.00
Weighted Daily Average			490.27	489.87	4.15	0.00	9.91	14.33	427.57	5.30	1,453.33	28.32	13.27	4.11	51.09	86.40
% of calories					7.62	0.00	18.19	11.69								70.49

* Missing nutrient value

** The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes.

Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Mon 09/25/2023 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	26	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	26	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	100	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	50	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	20	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs	150	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	420	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Salad, Garden (M2) - Warehouse Cheese	1 Each	8	234.87	264.49	7.50	0.00	14.07	14.99	350.52	3.01	17,614.80	33.80	195.00	4.77	3.00	10.05
Salad, Chef (M3) - WH Ham, WH Cheese	1 Each	8	250.84	689.00	5.77	0.00	12.12	25.92	235.94	4.36	17,270.85	12.24	218.72	4.40	1.92	11.17
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	8	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Wrap, Turkey Bacon (G2/M2) - Warehouse Cheese	1 Each	16	360.61	921.88	5.51	0.00	14.16	26.96	245.18	2.89	4,657.26	8.65	62.20	4.59	0.00	30.49
Wrap, Ham & Swiss Cheese (G2/M2) - WH Ham	1 1 Serving	4	316.55	992.29	6.53	0.00	15.28	15.11	272.68	3.92	4,568.76	8.65	43.31	4.59	2.02	34.52
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	4	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese Reimbursable (2G/M2.5) - Warehouse Ham and Cheese	1 Each	4	295.28	1,012.01	5.03	0.00	12.07	20.17	0.00	4.08	0.00	0.00	51.62	2.00	8.03	32.07
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	20	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	4	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Yogurt Lunch w/ Muffin (G1/M2)	1 Each	10	292.05	311.15	6.10	0.00	12.60	13.82	382.74	0.45	205.32	0.36	49.32	1.08	17.89	31.66

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Box, Protein Peanut Butter w/Graham Crackers	1 1 Serving	10	564.00	560.00	9.00	0.00	34.00	21.00	250.00	2.34	50.00	123.60	30.00	13.00	20.00	55.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	40	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	150	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	24	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Sandwich, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	150	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	40	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	150	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	12	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Veg, Potato, Tater Tots, 6/5#, 28srv/bag (2.5oz = 1/2 cup = 10 tater tots)	1 Ounce	800	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Fruit, Mixed 6/10	1 1/2 Cup	60	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	14.00	17.00
Veg, Cucumber 1/24pk	1 1/2 Cup	50	7.80	1.00	0.00	0.00	0.00	0.34	8.00	0.15	54.00	1.46	0.00	0.26	0.87	1.50
Hummus, Red Pepper Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	33.00	2.00	0.00	0.00	0.00	5.00	4.00	18.00
Hummus, Plain Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	34.00	2.00	0.00	0.00	0.00	5.00	3.00	18.00
Veg, Edamame - 6/2.5# (80 sv/cs)	1 1/2 Cup	250	110.00	5.00	0.00	0.00	3.50	5.00	20.00	0.72	2,000.00	4.80	0.00	4.00	3.00	11.00
Rice Bowl, Orange Chicken & Brown Rice (G2/M2)	1 Each	250	310.00	280.00	0.50	0.00	4.50	15.00	0.00	1.44	0.00	1.20	40.00	2.00	10.00	52.00
Weighted Daily Average			653.42	944.22	6.08	0.00	22.70	32.61	374.33	3.42	1,803.51	4.71	57.83	5.49	27.73	79.24
% of calories					8.38	0.00	31.26	19.97								48.51

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Tue 09/26/2023 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Cream 100/1 oz	1 Each	10	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	70	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	70	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	70	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	200.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	10	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	40	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain WG IW 72/cs (G2)	1 Each	10	140.00	180.00	0.00	0.00	1.00	6.00	40.00	1.80	0.00	0.00	0.00	4.00	5.00	29.00
Yogurt, Strawberry 48/4oz	1 Each	10	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Bread, Banana Slice 75/3.4oz (G2)	1 ea	20	260.00	240.00	1.50	0.00	8.00	5.00	159.00	1.00	100.00	0.00	0.00	2.00	24.00	45.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	24	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	24	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Manager's Choice Fresh Fruit	1 1 Serving	20	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	16	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Breakfast Sandwich, Turkey SEC Croissant (G2/M2.5) - WH Egg, WH Cheese	1 Each	16	320.00	645.00	5.50	0.00	15.00	17.00	100.00	2.16	0.00	0.00	137.50	2.00	4.00	30.00
Muffin, Blueberry 72/2oz IW Otis (1G)	1 muffin	10	72.00	130.00	0.00	0.00	6.00	3.00	20.00	1.08	0.00	0.00	30.00	2.00	16.00	30.00
Weighted Daily Average			467.87	532.00	3.47	0.00	9.54	15.41	489.91	3.88	2,033.33	36.32	28.93	3.65	49.65	82.40
% of calories					6.68	0.00	18.35	13.18								70.45

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Tue 09/26/2023 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	20	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	50	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	100	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	50	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	20	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs	150	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	420	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Salad, Garden (M2) - Warehouse Cheese	1 Each	8	234.87	264.49	7.50	0.00	14.07	14.99	350.52	3.01	17,614.80	33.80	195.00	4.77	3.00	10.05
Salad, Chef (M3) - WH Ham, WH Cheese	1 Each	8	250.84	689.00	5.77	0.00	12.12	25.92	235.94	4.36	17,270.85	12.24	218.72	4.40	1.92	11.17
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	8	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Wrap, Turkey Bacon (G2/M2) - Warehouse Cheese	1 Each	16	360.61	921.88	5.51	0.00	14.16	26.96	245.18	2.89	4,657.26	8.65	62.20	4.59	0.00	30.49
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	4	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese Reimbursable (2G/M2.5) - Warehouse Ham and Cheese	1 Each	4	295.28	1,012.01	5.03	0.00	12.07	20.17	0.00	4.08	0.00	0.00	51.62	2.00	8.03	32.07
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	20	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	10	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Yogurt Lunch w/ Muffin (G1/M2)	1 Each	10	292.05	311.15	6.10	0.00	12.60	13.82	382.74	0.45	205.32	0.36	49.32	1.08	17.89	31.66
Box, Protein Peanut Butter w/Graham Crackers	1 1 Serving	10	564.00	560.00	9.00	0.00	34.00	21.00	250.00	2.34	50.00	123.60	30.00	13.00	20.00	55.00

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Pizza, HS Cheese Primo, 72 svgs/cs (G2 and M2)	1 Each	40	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	150	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	20	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Sandwich, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	150	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	40	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	12	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	800	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10
Fruit, Peach Dice 6/10	1 1/2 Cup	50	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	300.00	2.00	0.00	0.00	13.00	14.00
Veg, Celery Stick 1-5/lb (5lb) (1 srv =1/2c = 2.3oz, ~ 4 sticks; 35srv/bag)	1 1/2 Cup	50	8.08	40.40	0.02	0.00	0.09	0.35	20.20	0.10	226.75	1.57	0.00	0.81	*	1.50
Hummus, Red Pepper Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	33.00	2.00	0.00	0.00	0.00	5.00	4.00	18.00
Hummus, Plain Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	34.00	2.00	0.00	0.00	0.00	5.00	3.00	18.00
Rice, Mexican - Salsa Based (G1)	1 1/2 Cup Cooked	150	70.74	294.40	0.00	0.00	0.54	1.45	0.00	0.26	128.00	0.00	0.00	2.00	2.56	15.79
Mexi Combo (G1.5/M2) - Chicken Fajita Taco & Chalupa	1 1 Serving	150	475.72	890.63	5.73	0.00	18.29	31.03	431.42	3.65	714.07	18.73	62.92	5.09	3.25	48.08
Salad, Corn and Black Bean - WH Black Beans	1 Each	150	93.18	223.13	0.00	0.00	0.51	4.74	25.88	2.99	166.23	9.31	0.00	4.56	3.39	18.46
Weighted Daily Average			647.11	1,321.00	6.83	0.00	23.48	30.94	477.88	4.00	1,382.85	8.88	52.94	5.70	25.54*	78.49
% of calories					9.50	0.00	32.65	19.12								48.52

* Missing nutrient value

** The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes.

Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Wed 09/27/2023 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Cream 100/1 oz	1 Each	10	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	70	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	70	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	70	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	200.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	10	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	40	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain WG IW 72/cs (G2)	1 Each	10	140.00	180.00	0.00	0.00	1.00	6.00	40.00	1.80	0.00	0.00	0.00	4.00	5.00	29.00
Yogurt, Strawberry/Banana 48/cs	1 Each	10	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Bread, Banana Slice 75/3.4oz (G2)	1 ea	20	260.00	240.00	1.50	0.00	8.00	5.00	159.00	1.00	100.00	0.00	0.00	2.00	24.00	45.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	24	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	24	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Manager's Choice Fresh Fruit	1 1 Serving	20	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	16	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Parfait, Lunch, Mixed Berry Yogurt Parfait w/Graham Crackers - WH blueberries & WH strawberries	1 1 Serving	16	412.81	297.20	0.67	0.00	6.83	10.67	*	*	*	*	5.34	4.02	43.39	83.42
Weighted Daily Average			470.97	486.23	2.96	0.00	8.24	14.60	482.57*	3.58*	2,000.00*	36.32*	12.50	3.74	52.52	85.70
% of calories					5.65	0.00	15.74	12.40								72.78

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Wed 09/27/2023 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	20	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	50	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	100	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	50	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	20	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs	100	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	420	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Salad, Garden (M2) - Warehouse Cheese	1 Each	5	234.87	264.49	7.50	0.00	14.07	14.99	350.52	3.01	17,614.80	33.80	195.00	4.77	3.00	10.05
Salad, Chef (M3) - WH Ham, WH Cheese	1 Each	5	250.84	689.00	5.77	0.00	12.12	25.92	235.94	4.36	17,270.85	12.24	218.72	4.40	1.92	11.17
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	5	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Wrap, Turkey Bacon (G2/M2) - Warehouse Cheese	1 Each	16	360.61	921.88	5.51	0.00	14.16	26.96	245.18	2.89	4,657.26	8.65	62.20	4.59	0.00	30.49
Wrap, Ham & Swiss Cheese (G2/M2) - WH Ham	1 1 Serving	4	316.55	992.29	6.53	0.00	15.28	15.11	272.68	3.92	4,568.76	8.65	43.31	4.59	2.02	34.52
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	4	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese Reimbursable (2G/M2.5) - Warehouse Ham and Cheese	1 Each	4	295.28	1,012.01	5.03	0.00	12.07	20.17	0.00	4.08	0.00	0.00	51.62	2.00	8.03	32.07
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	20	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	12	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Yogurt Lunch w/ Muffin (G1/M2)	1 Each	10	292.05	311.15	6.10	0.00	12.60	13.82	382.74	0.45	205.32	0.36	49.32	1.08	17.89	31.66

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Box, Protein Peanut Butter w/Graham Crackers	1 1 Serving	10	564.00	560.00	9.00	0.00	34.00	21.00	250.00	2.34	50.00	123.60	30.00	13.00	20.00	55.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	40	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	150	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	20	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Sandwich, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	150	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	40	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	12	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	30	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Veg, Potato, Tater Tots, 6/5#, 28srv/bag (2.5oz = 1/2 cup = 10 tater tots)	1 Ounce	800	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Fruit, Applesauce 6/10	1 1/2 Cup	60	51.00	2.00	0.00	0.00	0.00	0.00	80.00	2.88	0.00	0.00	0.00	1.00	11.00	14.00
Fruit, Pear Fresh 135/cs	1 1 Serving	40	148.00	0.00	0.00	0.00	0.14	0.36	9.00	0.18	25.00	4.30	0.00	3.10	9.60	15.23
Veg, Pepper, Green, Red & Yellow Bell 15#	1 1/2 Cup	50	11.00	1.38	0.00	0.00	0.00	0.03	4.60	0.16	170.20	36.98	0.00	0.07	2.40	2.00
Hummus, Plain Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	34.00	2.00	0.00	0.00	0.00	5.00	3.00	18.00
Hummus, Red Pepper Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	33.00	2.00	0.00	0.00	0.00	5.00	4.00	18.00
Breakfast Sandwich, Turkey SEC Croissant (G2/M2.5) - WH Egg, WH Cheese	1 Each	250	320.00	645.00	5.50	0.00	15.00	17.00	100.00	2.16	0.00	0.00	137.50	2.00	4.00	30.00
Weighted Daily Average			563.90	964.42	7.28	0.00	22.33	28.73	416.75	3.10	1,043.58	5.05	85.92	3.47	25.35	61.75
% of calories					11.62	0.00	35.64	20.38								43.80

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Thu 09/28/2023 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Cream 100/1 oz	1 Each	10	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Cheese, Cream Strawberry Cup 100/.75 oz	1 Each	100	70.00	50.00	4.00	0.00	6.00	1.00	20.00	0.00	200.00	0.00	20.00	0.00	2.00	3.00
Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz	1 serv	100	60.00	5.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	14.00	15.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	70	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	200.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cereal, Lucky Charms (96/cs) (G1)	1 Each	10	110.00	180.00	0.00	0.00	1.00	2.00	100.00	4.50	500.00	6.00	0.00	2.00	10.00	23.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	20	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Donut, Glazed Bites 72/2.75oz (2G)	1 Bag	40	250.00	190.00	4.50	0.00	10.00	5.00	10.00	10.00	0.00	0.00	0.00	3.00	13.00	37.00
Bagel, Plain WG IW 72/cs (G2)	1 Each	10	140.00	180.00	0.00	0.00	1.00	6.00	40.00	1.80	0.00	0.00	0.00	4.00	5.00	29.00
Yogurt, Strawberry 48/4oz	1 Each	10	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Bread, Pumpkin Slice 75/3.4oz (G2)	1 ea	20	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	24	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	24	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Manager's Choice Fresh Fruit	1 1 Serving	20	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	16	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Breakfast Sandwich, Turkey SEC Croissant (G2/M2.5) - WH Egg, WH Cheese	1 Each	24	320.00	645.00	5.50	0.00	15.00	17.00	100.00	2.16	0.00	0.00	137.50	2.00	4.00	30.00
Weighted Daily Average			550.13	614.07	7.50	0.00	15.74	17.59	477.77	5.21	1,433.33	0.72	48.93	4.29	47.80	84.80
% of calories					12.27	0.00	25.75	12.79								61.66

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Thu 09/28/2023 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	30	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	50	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Mayonnaise 200/12/gr	1 Each	50	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	20	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs	150	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	420	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Salad, Garden (M2) - Warehouse Cheese	1 Each	8	234.87	264.49	7.50	0.00	14.07	14.99	350.52	3.01	17,614.80	33.80	195.00	4.77	3.00	10.05
Salad, Chef (M3) - WH Ham, WH Cheese	1 Each	8	250.84	689.00	5.77	0.00	12.12	25.92	235.94	4.36	17,270.85	12.24	218.72	4.40	1.92	11.17
Wrap, Turkey Bacon (G2/M2) - Warehouse Cheese	1 Each	20	360.61	921.88	5.51	0.00	14.16	26.96	245.18	2.89	4,657.26	8.65	62.20	4.59	0.00	30.49
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	4	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese Reimbursable (2G/M2.5) - Warehouse Ham and Cheese	1 Each	6	295.28	1,012.01	5.03	0.00	12.07	20.17	0.00	4.08	0.00	0.00	51.62	2.00	8.03	32.07
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	20	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Box, Protein Yogurt Lunch w/ Muffin (G1/M2)	1 Each	15	292.05	311.15	6.10	0.00	12.60	13.82	382.74	0.45	205.32	0.36	49.32	1.08	17.89	31.66
Box, Protein Peanut Butter w/Graham Crackers	1 1 Serving	15	564.00	560.00	9.00	0.00	34.00	21.00	250.00	2.34	50.00	123.60	30.00	13.00	20.00	55.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	40	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	140	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	20	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Sandwich, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	130	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	135	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	12	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Corn Dog, Mini G2/M2)	1 serv	34	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Fruit, Strawberry Sliced Frozen IQF 6/5lb 192 1/2cup sv/cs (1/2c = 1F)	1 1/2 Cup	300	25.49	0.00	0.00	0.00	0.00	0.00	16.32	0.76	45.89	41.81	0.00	2.04	5.10	7.14
Fruit, Blueberry, Frozen 12/2.5# 179 1/2c serv/cs (1/2c = 1/2c Fruit)	1 1/2 Cup	60	40.00	1.00	0.00	0.00	1.00	0.00	*	*	*	*	0.00	2.00	7.00	9.00
Fruit, Apple Sliced Ind bags 100/cs (1sv)	1 Bag	400	34.00	0.00	0.00	0.00	0.00	0.00	10.00	0.18	50.00	123.60	0.00	7.00	8.00	8.00
Veg, Broccoli Bite-size 4/3lb	1 1/2 Cup	30	18.61	15.36	0.00	0.00	0.17	1.31	21.87	0.34	289.91	41.51	0.00	1.21	*	3.09
Hummus, Red Pepper Cup 120/3oz (1M/MA)	1 serv	20	110.00	100.00	0.00	0.00	2.00	6.00	33.00	2.00	0.00	0.00	0.00	5.00	4.00	18.00
Chicken, Popcorn Chicken Bowl (G3/M2) - HS w/Mashed Potatoes & Frozen Corn	1 Each	275	587.00	1,191.00	3.00	0.00	21.00	24.00	45.12	4.01	167.42	12.81	25.00	8.00	10.00	79.00
Wrap, Southwest Chicken - WH Fajita Chicken, WH Cheese, Corn & Black Bean Recipe	1 Each	6	351.47	811.82	7.68	0.00	16.50	21.21	366.93	2.48	4,336.93	1.97	73.53	4.03	1.20	29.87
Weighted Daily Average			666.92	1,127.57	6.23	0.00	22.79	32.75	414.01*	4.35*	1,337.98*	92.35*	52.30	10.88	33.83*	85.07
% of calories					8.41	0.00	30.76	19.64								51.02

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Fri 09/29/2023 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Cream 100/1 oz	1 Each	10	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	100	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	100	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	70	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	200.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cereal, Lucky Charms (96/cs) (G1)	1 Each	10	110.00	180.00	0.00	0.00	1.00	2.00	100.00	4.50	500.00	6.00	0.00	2.00	10.00	23.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	20	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	40	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain WG IW 72/cs (G2)	1 Each	10	140.00	180.00	0.00	0.00	1.00	6.00	40.00	1.80	0.00	0.00	0.00	4.00	5.00	29.00
Yogurt, Strawberry 48/4oz	1 Each	10	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Bread, Banana Slice 75/3.4oz (G2)	1 ea	20	260.00	240.00	1.50	0.00	8.00	5.00	159.00	1.00	100.00	0.00	0.00	2.00	24.00	45.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	24	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	24	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Manager's Choice Fresh Fruit	1 1 Serving	20	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	16	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Cinnamon Bun, Ultra Baked Super Bun 72/2.9oz (G2)	1 Each	20	240.00	300.00	2.00	0.00	8.00	5.00	60.00	1.08	400.00	1.20	20.00	3.00	15.00	28.00
Weighted Daily Average			497.60	522.87	3.42	0.00	9.07	14.60	507.77	4.02	2,233.33	48.88	16.27	3.84	56.23	88.80
% of calories					6.19	0.00	16.41	11.74								71.38

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Fri 09/29/2023 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	30	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	50	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	150	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	50	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	20	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs	150	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	420	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Salad, Garden (M2) - Warehouse Cheese	1 Each	8	234.87	264.49	7.50	0.00	14.07	14.99	350.52	3.01	17,614.80	33.80	195.00	4.77	3.00	10.05
Salad, Chef (M3) - WH Ham, WH Cheese	1 Each	8	250.84	689.00	5.77	0.00	12.12	25.92	235.94	4.36	17,270.85	12.24	218.72	4.40	1.92	11.17
Wrap, Turkey Bacon (G2/M2) - Warehouse Cheese	1 Each	20	360.61	921.88	5.51	0.00	14.16	26.96	245.18	2.89	4,657.26	8.65	62.20	4.59	0.00	30.49
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	4	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	20	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	6	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Yogurt Lunch w/ Muffin (G1/M2)	1 Each	15	292.05	311.15	6.10	0.00	12.60	13.82	382.74	0.45	205.32	0.36	49.32	1.08	17.89	31.66
Box, Protein Peanut Butter w/Graham Crackers	1 1 Serving	15	564.00	560.00	9.00	0.00	34.00	21.00	250.00	2.34	50.00	123.60	30.00	13.00	20.00	55.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	40	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	140	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	20	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 09/25/2023 to 09/29/2023

Sandwich, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	135	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	40	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	140	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	12	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Veg, Potato, Tater Tots, 6/5#, 28srv/bag (2.5oz = 1/2 cup = 10 tater tots)	1 Ounce	750	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Fruit, Pear Dice 6/10	1 1/2 Cup	60	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.60	0.00	2.00	12.00	16.00
Fruit, Ice Sour Cherry-Lemon 84/cs	1 serv	100	90.00	20.00	0.00	0.00	0.00	0.00	90.00	1.40	1,000.00	60.00	0.00	0.00	21.00	23.00
Fruit, Ice Blue Raspberry-Lemon, 84/cs	1 serv	200	90.00	20.00	0.00	0.00	0.00	0.00	90.00	1.40	1,000.00	60.00	0.00	0.00	21.00	23.00
Fruit, Ice Kiwi-Strawberry, 84/cs	1 serv	200	90.00	20.00	0.00	0.00	0.00	0.00	90.00	1.40	1,000.00	60.00	0.00	0.00	21.00	23.00
Veg, Carrot, Baby 2/5 Lb	1 Each	40	4.11	6.91	0.00	0.00	0.00	0.09	3.30	0.03	297,062.78	0.59	0.00	0.28	0.55	0.95
Salad, Southwest Bulk - Uses recipe 80515W Corn & Black Bean Salad	1 Cup	100	63.73	119.29	0.00	0.00	0.54	3.49	45.31	2.37	7,731.45	9.42	0.00	4.18	1.71	12.18
Chicken, Chicken & Waffles HS	1 Each	275	350.00	680.00	2.50	0.00	17.00	20.00	20.00	1.80	0.00	0.00	80.00	3.00	4.00	30.00
Sandwich, Deluxe Breaded Chicken (G3/M2)	1 Each	40	340.00	550.00	2.00	0.00	11.50	25.00	60.00	2.16	0.00	0.00	45.00	5.00	3.00	35.00
Veg, Onion Yellow 10 Lb	1 1/4 Cup (cooked)	10	16.00	1.60	0.02	0.00	0.04	0.44	9.20	0.08	0.80	2.96	0.00	0.68	2.12	3.74
Veg, Tomato 1 lyr	1 Slice	10	3.84	0.96	0.01	0.00	0.04	0.17	1.92	0.05	160.13	2.63	0.00	0.23	0.00	0.75
Weighted Daily Average			718.14	1,150.24	6.88	0.00	26.68	34.52	469.18	4.45	18,728.97	44.99	75.47	5.22	40.27	86.63
% of calories					8.63	0.00	33.44	19.23								48.25

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