

Peoria Unified School District **May** High School Menu 2019

Breakfast Meal Includes Entrée, Fruit, Juice, & Milk

Breakfast Entrées Available Daily

- * Assorted Cereals & Granola Bars with choice of 1 side item (Cheese, Yogurt, Boiled Egg, Peanut Butter, Sunflower Seeds or Graham Crackers)
- * Ask your School Lunch Heroes about the additional daily breakfast options!

Breakfast Prices:

- Student Meal \$1.75
- Reduced Price Meal \$0.30
- Adult Meal \$1.75

Monday	Tuesday	Wednesday	Thursday	Friday
Glazed Breakfast Bar ☑	Yogurt Parfait	Yogurt & Muffin	Yogurt Parfait	Super Bun ☑
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
29 Breakfast Pizza	30 Ham, Egg, & Cheese Pretzel Sandwich	1 Cinnamon Roll ☑	2 Country Sausage Waffle Sandwich	3 Green Chili, Egg, & Cheese Burrito ☑
6 Breakfast Pizza	7 Sausage, Egg, & Cheese English Muffin Sandwich	8 French Toast Sticks ☑	9 Chef's Choice	10 Bacon, Egg, & Cheese Breakfast Burrito
13 Breakfast Pizza	14 Bacon, Egg, & Cheese Croissant Sandwich	15 Chef's Choice	16 Cheesy Waffle Breakfast Sandwich ☑	17 Green Chili, Egg, & Cheese Burrito ☑
20 Breakfast Pizza	21 Chef's Choice	22 Waffles ☑	23 Chef's Choice	Have a safe & happy summer!

Lunch Meal Includes Entrée, Fruit, Vegetable, Milk, & Beverage

Lunch Entrées Available Daily

- Garden Salad ☑ (GF)
- Bean & Cheese Burrito ☑
- Spicy Chicken Sandwich
- Pizza (☑ options available)
- Uncrustables PB&J Sandwich ☑
- Chicken Nuggets or Tenders
- Hamburger or Cheeseburger

Vegetarian (☑) options offered daily!

Beverages:

- Flavored & White Skim Milk
- 1% White Milk
- Bottled Water

Sides:

- Fresh Fruit & Vegetable Bar
- Hot Vegetables (Varies Daily)

Lunch Prices:

- Student Meal \$2.75
- Reduced Price Meal \$0.40
- Adult Lunch \$3.75



Lunch Entrée Specials

Monday	Tuesday	Wednesday	Thursday	Friday
Chef Salad ☑ Turkey Bacon Pepper Jack Wrap Turkey Protein Box Mini Cheeseburgers Breakfast Sandwich	Cobb Salad Chicken Caesar Wrap Peanut Butter Pro Box ☑ Mini Corndogs	Chef's Choice Boxed Salad Buffalo Chicken Wrap Mediterranean Pro Box ☑ Mini Cheeseburgers	Chef's Choice Boxed Salad Mediterranean Veggie Wrap ☑ Chicken Salad Protein Box Mini Corndogs	Chef's Choice Boxed Salad Italiano Wrap Cheese & Fruit Protein Box ☑ Mini Cheeseburgers Deluxe Chicken Sandwich
29 Green Enchilada Burrito ☑ Chef's Choice	30 Fiesta Salad* Bean & Cheese Tostadas w/Scoops ☑ Chef's Choice of Asian-Inspired Bowl	1 Chicken Caesar Kale Salad Beef Super Nachos Boneless Buffalo Wings w/ Celery, Carrots, & TX Toast	2 Tre Antipasto Salad* Popcorn Chicken Mashed Potato Bowl	3 Chef's Choice Salad Pepper Jack Burger Pull Apart Cheesy Bread w/ Marinara ☑
6 Chicken & Cheese Taquitos Chef's Choice	7 Walking Beef Taco Teriyaki Chicken Quinoa Bowl	8 Chef's Choice Philly Cheese Steak Sandwich *Churros*	9 Chicken & Waffles	10 Turkey Taco Totchos Chef's Choice
13 Green Enchilada Burrito ☑ Chef's Choice	14 Cheese Quesadilla ☑ Creamy Carbonara w/ Breadstick & Caesar Salad	15 Super Nachos Chili Cheese Dog	16 Popcorn Chicken Mashed Potato Bowl	17 Carne Asada Fries Ultimate Grilled Cheese ☑
20 Chef's Choice	21 Walking Beef Taco Chef's Choice	22 Early Release No Lunch	23 Early Release No Lunch	Have a safe & happy summer!

* = ask how this can be made Vegetarian (☑)

FREE Summer Meals for children and teens 18 & under!

Find locations by going to <https://www.azhealthzone.org/summerfood> or by texting the word FOOD (or Comida) to 877-877.

☑ = lactovegetarian entrée does **not** have beef, pork, lamb, chicken, turkey, or fish



Menu items are subject to change without notification. If 1st choice is not available, an alternate will be served. Charge Policy: Students will be provided an alternative meal after 2 charges. This institution is an equal opportunity provider and employer.