

Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| Mon 11/29/2021 - Breakfast Elementary | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit Juice, Apple Carton 105/4oz | 1 serv | 100 | 54.96 | 14.99 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 29.98 | 0.00 | 0.00 | 14.99 | 14.99 |
| Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz | 1 serv | 100 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 15.00 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 140 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 210 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Pop Tart, Strawberry Frosted W/G, 120/1pk (G1) | 1 Each | 200 | 180.00 | 180.00 | 1.00 | 0.00 | 2.50 | 2.00 | 100.00 | 1.80 | 500.00 | 0.00 | 0.00 | 3.00 | 15.00 | 38.00 |
| Cheese, Colby Jack Individual (168/cs) (1 stick = M1) | 1 Each | 200 | 110.00 | 200.00 | 6.00 | 0.00 | 9.00 | 7.00 | 200.00 | 0.00 | 200.00 | 0.00 | 25.00 | 0.00 | 0.00 | 0.00 |
| Cereal, Froot Loops, Reduced Sugar, 96/cs (G1) | 1 bowl | 96 | 110.00 | 160.00 | 0.50 | 0.00 | 1.00 | 2.00 | 0.00 | 4.50 | 500.00 | 15.00 | 0.00 | 2.00 | 8.00 | 24.00 |
| Cereal, Frosted Mini Wheats, 96 bowls | 1 Each | 96 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.00 | 0.00 | 8.10 | 0.00 | 0.00 | 0.00 | 3.00 | 6.00 | 24.00 |
| Cereal, Cocoa Puffs, Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 120.00 | 0.00 | 0.00 | 2.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 8.00 | 25.00 |
| Cereal, Lucky Charms (96/cs) (G1) | 1 Each | 96 | 110.00 | 180.00 | 0.00 | 0.00 | 1.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 10.00 | 23.00 |
| Cereal, Trix Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 140.00 | 0.00 | 0.00 | 2.00 | 1.00 | 100.00 | 2.70 | 500.00 | 3.60 | 0.00 | 1.00 | 7.00 | 24.00 |
| Cheese, Cheddar Stick (168/cs) (1 stick = M1) | 1 Each | 100 | 110.00 | 200.00 | 6.00 | 0.00 | 9.00 | 7.00 | 201.00 | 0.00 | 0.00 | 0.00 | 30.00 | 0.00 | 0.00 | 1.00 |
| Fruit, Peach Dice 6/10 | 1 Cup | 100 | 120.00 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 600.00 | 4.00 | 0.00 | 0.00 | 26.00 | 28.00 |
| Weighted Daily Average | | | 469.34 | 542.75 | 5.65 | 0.00 | 10.32 | 16.18 | 542.93 | 6.73 | 1,636.25 | 15.84 | 26.13 | 3.90 | 47.41 | 79.87 |
| % of calories | | | | | 10.82 | 0.00 | 19.78 | 13.79 | | | | | | | | 68.07 |

| Mon 11/29/2021 - Lunch K-8 | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag) | 1 Tbs | 200 | 20.00 | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 1.20 | 0.00 | 0.00 | 4.00 | 5.00 |
| Dressing, Ranch LF Pouch 2/1.5 gal (376 Tbsp/bag) | 1 Tbs | 100 | 22.50 | 135.00 | 0.00 | 0.00 | 1.00 | 0.00 | 5.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.50 | 3.50 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 70 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |

* Missing nutrient value

** The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes

Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| | | | | | | | | | | | | | | | | |
|--|-------------|-----|--------|----------|------|------|-------|-------|--------|------|----------|-------|-------|------|-------|-------|
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 420 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Milk, Carton, Strawberry Skim, 70/8oz | 1 ea | 140 | 140.00 | 95.00 | 0.00 | 0.00 | 0.00 | 8.00 | 300.00 | 0.00 | 500.00 | 0.00 | 5.00 | 0.00 | 25.00 | 26.00 |
| Bread Plate (Banana/Pumpkin/Zucchini) (2G/2M) | 1 Each | 50 | 420.80 | 503.20 | 5.50 | 0.00 | 14.18 | 14.64 | 446.16 | 1.03 | 768.00 | 0.43 | 23.40 | 2.00 | 35.08 | 62.48 |
| Veg, Potato Smiles 6/4# 159 sv/cs (4pc/srv) | 1 serv | 550 | 128.53 | 184.77 | 0.50 | 0.00 | 4.82 | 1.61 | 0.00 | 0.36 | 0.00 | 2.41 | 0.00 | 1.61 | 0.00 | 20.08 |
| Sandwich, Meatball Sub (G2/M2) | 1 Each | 250 | 390.68 | 680.91 | 6.25 | 0.02 | 16.36 | 22.11 | 137.53 | 3.88 | 421.92 | 7.90 | 51.23 | 4.18 | 9.46 | 36.99 |
| Veg, Zucchini 20/lb | 1 1/2 Cup | 25 | 14.60 | 2.09 | 0.00 | 0.00 | 0.28 | 1.88 | 14.60 | 0.55 | 340.55 | 23.70 | 0.00 | 0.76 | 2.50 | 2.16 |
| Fruit, Pineapple Chunks 6/#10 | 1 1/2 Cup | 100 | 70.00 | 10.00 | 0.00 | 0.00 | 0.00 | 1.00 | 20.00 | 0.72 | 100.00 | 9.00 | 0.00 | 1.00 | 14.00 | 17.00 |
| Fruit, Pear Fresh 135/cs | 1 1 Serving | 100 | 148.00 | 0.00 | 0.00 | 0.00 | 0.14 | 0.36 | 9.00 | 0.18 | 25.00 | 4.30 | 0.00 | 3.10 | 9.60 | 15.23 |
| Veg, Carroteenies Indiv 100/3oz | 1 Bag | 100 | 35.00 | 65.00 | 0.00 | 0.00 | 0.00 | 1.00 | 20.00 | 0.36 | 6,000.00 | 6.00 | 0.00 | 2.00 | 5.00 | 8.00 |
| Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese | 1 Each | 5 | 306.34 | 820.96 | 6.01 | 0.00 | 13.04 | 16.42 | 7.35 | 1.49 | 184.38 | 3.64 | 30.00 | 2.48 | 8.00 | 31.25 |
| Cracker, Goldfish Cheddar 300/cs (G1) | 1 Each | 400 | 100.00 | 170.00 | 0.50 | 0.00 | 4.00 | 2.00 | 20.00 | 0.72 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 14.00 |
| Fun Fish (G1.5/M2) | 1 Each | 300 | 250.00 | 330.00 | 1.50 | 0.00 | 10.00 | 14.00 | 0.00 | 2.70 | 0.00 | 2.40 | 15.00 | 4.00 | 2.00 | 28.00 |
| Weighted Daily Average | | | 705.42 | 1,045.36 | 4.83 | 0.01 | 20.69 | 29.95 | 437.47 | 4.11 | 2,038.86 | 11.37 | 36.88 | 7.12 | 38.59 | 96.63 |
| % of calories | | | | | 6.16 | 0.01 | 26.39 | 16.98 | | | | | | | | 54.80 |

* Missing nutrient value

** The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes

Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| Tue 11/30/2021 - Breakfast Elementary | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calc | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|--|--------------|----------|--------|-----------|---------|------------|---------|---------|---------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit Juice, Apple Carton 105/4oz | 1 serv | 100 | 54.96 | 14.99 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 29.98 | 0.00 | 0.00 | 14.99 | 14.99 |
| Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz | 1 serv | 100 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 15.00 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 140 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 210 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Fruit, Pineapple Chunks 6/#10 | 1 1/2 Cup | 100 | 70.00 | 10.00 | 0.00 | 0.00 | 0.00 | 1.00 | 20.00 | 0.72 | 100.00 | 9.00 | 0.00 | 1.00 | 14.00 | 17.00 |
| Pancake N Sausage on Stick 68/2.85oz (G1 and M1) | 1 1 Serving | 200 | 200.00 | 310.00 | 2.50 | 0.00 | 10.00 | 7.00 | 20.00 | 1.80 | 0.00 | 0.00 | 25.00 | 3.00 | 4.00 | 17.00 |
| Cereal, Froot Loops, Reduced Sugar, 96/cs (G1) | 1 bowl | 96 | 110.00 | 160.00 | 0.50 | 0.00 | 1.00 | 2.00 | 0.00 | 4.50 | 500.00 | 15.00 | 0.00 | 2.00 | 8.00 | 24.00 |
| Cereal, Frosted Mini Wheats, 96 bowls | 1 Each | 96 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.00 | 0.00 | 8.10 | 0.00 | 0.00 | 0.00 | 3.00 | 6.00 | 24.00 |
| Cereal, Cocoa Puffs, Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 120.00 | 0.00 | 0.00 | 2.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 8.00 | 25.00 |
| Cereal, Lucky Charms (96/cs) (G1) | 1 Each | 96 | 110.00 | 180.00 | 0.00 | 0.00 | 1.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 10.00 | 23.00 |
| Cereal, Trix Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 140.00 | 0.00 | 0.00 | 2.00 | 1.00 | 100.00 | 2.70 | 500.00 | 3.60 | 0.00 | 1.00 | 7.00 | 24.00 |
| Cracker, Honey Graham 150pk/cs (G1) | 1 Each | 100 | 90.00 | 95.00 | 0.00 | 0.00 | 2.50 | 2.00 | 0.00 | 0.72 | 0.00 | 0.00 | 0.00 | 1.00 | 4.00 | 17.00 |
| Fruit, Pear Fresh 135/cs | 1 1 Serving | 100 | 148.00 | 0.00 | 0.00 | 0.00 | 0.14 | 0.36 | 9.00 | 0.18 | 25.00 | 4.30 | 0.00 | 3.10 | 9.60 | 15.23 |
| Weighted Daily Average | | | 443.84 | 479.00 | 1.90 | 0.00 | 7.98 | 14.27 | 359.93 | 7.14 | 1,167.50 | 18.16 | 18.63 | 5.18 | 42.31 | 74.43 |
| % of calories | | | | | 3.84 | 0.00 | 16.17 | 12.86 | | | | | | | | 67.08 |

| Tue 11/30/2021 - Lunch K-8 | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calc | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|--|--------------|----------|--------|-----------|---------|------------|---------|---------|---------|---------|----------|----------|-----------|---------|------------|--------|
| Sandwich, Hamburger (G2/M2) | 1 Each | 300 | 330.00 | 520.00 | 5.50 | 0.00 | 15.50 | 23.00 | 60.00 | 2.52 | 0.00 | 0.00 | 60.00 | 2.00 | 3.00 | 26.00 |
| Cracker, Goldfish Cheddar 300/cs (G1) | 1 Each | 300 | 100.00 | 170.00 | 0.50 | 0.00 | 4.00 | 2.00 | 20.00 | 0.72 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 14.00 |
| Sunbutter and Grape Jelly Crustless 96/2.8oz (G1.5 and M1) | 1 Each | 50 | 310.00 | 300.00 | 2.00 | 0.00 | 15.00 | 9.00 | 27.00 | 5.00 | 0.00 | 0.00 | 0.00 | 4.00 | 11.00 | 33.00 |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| | | | | | | | | | | | | | | | | |
|---|-----------|-----|---------|---------|-------|-------|--------|--------|---------|-------|---------|--------|--------|-------|--------|--------|
| Cheese, Mozz String (168 ea) (1oz = M1) | 1 Each | 50 | 80.00 | 200.00 | 4.00 | 0.00 | 6.00 | 6.00 | 198.00 | 0.00 | 200.00 | 0.00 | 20.00 | 0.00 | 0.00 | 2.00 |
| Fruit, Orange Case 113/ct | 1 1/2 Cup | 100 | 54.87 | 1.59 | 0.03 | 0.00 | 0.24 | 1.03 | 55.67 | 0.64 | 198.80 | 56.46 | 0.00 | 3.58 | 8.50 | 12.33 |
| Veg, Celery Stick 5/lb | 1 1/2 Cup | 25 | 8.08 | 40.40 | 0.02 | 0.00 | 0.09 | 0.35 | 20.20 | 0.10 | 226.75 | 1.57 | 0.00 | 0.81 | * | 1.50 |
| Fruit, Mixed 6/10 | 1 1/2 Cup | 100 | 60.00 | 10.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 200.00 | 1.20 | 0.00 | 0.00 | 14.00 | 17.00 |
| Veg, Cauliflower Florets 2/3 Lb | 1 1/2 Cup | 25 | 16.33 | 16.33 | 0.04 | 0.00 | 0.15 | 1.04 | 11.98 | 0.23 | 0.00 | 26.24 | 0.00 | 1.09 | 1.91 | 2.71 |
| Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese | 1 Each | 5 | 306.34 | 820.96 | 6.01 | 0.00 | 13.04 | 16.42 | 7.35 | 1.49 | 184.38 | 3.64 | 30.00 | 2.48 | 8.00 | 31.25 |
| Chicken, Nuggets (G1/M2) - HS must add 1 grain | 1 Each | 300 | 260.00 | 400.00 | 2.50 | 0.00 | 15.00 | 16.00 | 37.00 | 2.00 | 0.00 | 0.00 | 25.00 | 3.00 | 1.00 | 16.00 |
| Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag) | 1 Tbs | 200 | 20.00 | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 1.20 | 0.00 | 0.00 | 4.00 | 5.00 |
| Dressing, Ranch LF Pouch 2/1.5 gal (376 Tbsp/bag) | 1 Tbs | 100 | 22.50 | 135.00 | 0.00 | 0.00 | 1.00 | 0.00 | 5.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.50 | 3.50 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 70 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 420 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Milk, Carton, Strawberry Skim, 70/8oz | 1 ea | 140 | 140.00 | 95.00 | 0.00 | 0.00 | 0.00 | 8.00 | 300.00 | 0.00 | 500.00 | 0.00 | 5.00 | 0.00 | 25.00 | 26.00 |
| Supply, Bag Sandwich Plain Foil | 1 ea | 1 | * | * | * | * | * | * | * | * | * | * | * | * | * | * |
| Supply, Glove Disposable Surgical Large (w/o powder) 4/100 | 1 ea | 25 | * | * | * | * | * | * | * | * | * | * | * | * | * | * |
| Supply, Tray 5 Compartment | 1 Each | 8 | * | * | * | * | * | * | * | * | * | * | * | * | * | * |
| Supply, Kit Spork and Napkin, 1000/cs | 1 Each | 5 | * | * | * | * | * | * | * | * | * | * | * | * | * | * |
| Condiment, Sauce BBQ, Individual, 100/1 oz | 1 Each | 200 | 45.00 | 210.00 | 0.00 | 0.00 | 0.00 | 0.00 | 20.00 | 0.36 | 100.00 | 1.20 | 0.00 | 0.00 | 9.00 | 10.00 |
| Weighted Daily Average | | | 567.96* | 920.39* | 4.98* | 0.00* | 19.62* | 31.22* | 415.41* | 3.29* | 889.95* | 11.60* | 50.25* | 4.03* | 35.60* | 66.79* |
| % of calories | | | | | 7.89* | 0.00* | 31.08* | 21.99* | | | | | | | | 47.04* |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| Wed 12/01/2021 - Breakfast Elementary | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit Juice, Apple Carton 105/4oz | 1 serv | 100 | 54.96 | 14.99 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 29.98 | 0.00 | 0.00 | 14.99 | 14.99 |
| Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz | 1 serv | 100 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 15.00 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 140 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 210 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Cereal, Froot Loops, Reduced Sugar, 96/cs (G1) | 1 bowl | 96 | 110.00 | 160.00 | 0.50 | 0.00 | 1.00 | 2.00 | 0.00 | 4.50 | 500.00 | 15.00 | 0.00 | 2.00 | 8.00 | 24.00 |
| Cereal, Frosted Mini Wheats, 96 bowls | 1 Each | 96 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.00 | 0.00 | 8.10 | 0.00 | 0.00 | 0.00 | 3.00 | 6.00 | 24.00 |
| Cereal, Cocoa Puffs, Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 120.00 | 0.00 | 0.00 | 2.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 8.00 | 25.00 |
| Cereal, Lucky Charms (96/cs) (G1) | 1 Each | 96 | 110.00 | 180.00 | 0.00 | 0.00 | 1.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 10.00 | 23.00 |
| Cereal, Trix Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 140.00 | 0.00 | 0.00 | 2.00 | 1.00 | 100.00 | 2.70 | 500.00 | 3.60 | 0.00 | 1.00 | 7.00 | 24.00 |
| Cheese, Cheddar Stick (168/cs) (1 stick = M1) | 1 Each | 100 | 110.00 | 200.00 | 6.00 | 0.00 | 9.00 | 7.00 | 201.00 | 0.00 | 0.00 | 0.00 | 30.00 | 0.00 | 0.00 | 1.00 |
| Fruit, Mixed 6/10 | 1 1/4 Cup | 100 | 30.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.60 | 0.00 | 0.00 | 7.00 | 8.50 |
| Donut, Super Choco WG, 80/1.09 oz (G1) | 1 Each | 100 | 310.00 | 360.00 | 4.00 | 0.00 | 12.00 | 6.00 | 250.00 | 7.20 | 200.00 | 42.00 | 10.00 | 2.00 | * | 42.00 |
| Donut, Super Plain WG 80/1.9 oz (G1) | 1 pc | 100 | 150.00 | 190.00 | 1.50 | 0.00 | 5.00 | 4.00 | 200.00 | 6.30 | 2,500.00 | 30.00 | 0.00 | 1.00 | 12.00 | 23.00 |
| Weighted Daily Average | | | 416.84 | 486.50 | 3.52 | 0.00 | 8.82 | 14.18 | 505.43 | 9.21 | 1,836.25 | 32.99 | 16.13 | 3.15 | 38.16* | 72.25 |
| % of calories | | | | | 7.60 | 0.00 | 19.03 | 13.60 | | | | | | | | 69.33 |

| Wed 12/01/2021 - Lunch K-8 | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|-------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit, Apple Sliced Ind bags 100/cs (1sv) | 1 Bag | 200 | 34.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10.00 | 0.18 | 50.00 | 123.60 | 0.00 | 7.00 | 8.00 | 8.00 |
| Veg, Carroteenies Indiv 100/3oz | 1 Bag | 100 | 35.00 | 65.00 | 0.00 | 0.00 | 0.00 | 1.00 | 20.00 | 0.36 | 6,000.00 | 6.00 | 0.00 | 2.00 | 5.00 | 8.00 |
| Veg, Pepper, Green, Red & Yellow 15# | 1 1/2 Cup | 25 | 11.00 | 1.38 | 0.00 | 0.00 | 0.00 | 0.03 | 4.60 | 0.16 | 170.20 | 36.98 | 0.00 | 0.07 | 2.40 | 2.00 |
| Fruit, Pear Dice 6/10 | 1 1/2 Cup | 50 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.60 | 0.00 | 2.00 | 12.00 | 16.00 |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| | | | | | | | | | | | | | | | | |
|---|-----------|-----|--------|--------|-------|------|-------|-------|--------|------|----------|-------|-------|------|--------|-------|
| Pizza, Build-a-Pizza (G2/M2) | 1 Each | 50 | 430.00 | 975.00 | 10.00 | 0.00 | 25.00 | 16.00 | 0.00 | 0.00 | 0.00 | 0.00 | 55.00 | 4.00 | 0.00 | 34.00 |
| Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese | 1 Each | 5 | 306.34 | 820.96 | 6.01 | 0.00 | 13.04 | 16.42 | 7.35 | 1.49 | 184.38 | 3.64 | 30.00 | 2.48 | 8.00 | 31.25 |
| Salad, Corn and Black Bean - WH Black Beans | 1 1/2 cup | 50 | 89.59 | 268.49 | 0.01 | 0.00 | 0.54 | 4.73 | 24.52 | 2.97 | 253.71 | 4.57 | 0.00 | 4.32 | * | 18.28 |
| Taco, Turkey Soft (G2/M2.5) | 1 Each | 300 | 315.00 | 715.00 | 5.00 | 0.00 | 13.50 | 23.00 | 286.50 | 3.60 | 293.85 | 0.00 | 65.00 | 2.00 | 0.00 | 27.00 |
| Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag) | 1 Tbs | 200 | 20.00 | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 1.20 | 0.00 | 0.00 | 4.00 | 5.00 |
| Dressing, Ranch LF Pouch 2/1.5 gal (376 Tbsp/bag) | 1 Tbs | 100 | 22.50 | 135.00 | 0.00 | 0.00 | 1.00 | 0.00 | 5.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.50 | 3.50 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 70 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 420 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Milk, Carton, Strawberry Skim, 70/8oz | 1 ea | 140 | 140.00 | 95.00 | 0.00 | 0.00 | 0.00 | 8.00 | 300.00 | 0.00 | 500.00 | 0.00 | 5.00 | 0.00 | 25.00 | 26.00 |
| Weighted Daily Average | | | 378.73 | 731.86 | 3.56 | 0.00 | 9.45 | 22.63 | 473.03 | 2.19 | 1,955.86 | 44.85 | 43.17 | 4.55 | 30.45* | 50.75 |
| % of calories | | | | | 8.46 | 0.00 | 22.45 | 23.90 | | | | | | | | 53.60 |

* Missing nutrient value

** The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes

Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| Thu 12/02/2021 - Breakfast Elementary | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit Juice, Apple Carton 105/4oz | 1 serv | 100 | 54.96 | 14.99 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 29.98 | 0.00 | 0.00 | 14.99 | 14.99 |
| Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz | 1 serv | 100 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 15.00 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 140 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 210 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Toast, Texas Apple Cinnamon l/W 96/3.3 oz (G2) | 1 Each | 200 | 260.00 | 290.00 | 1.00 | 0.00 | 6.00 | 8.00 | 53.00 | 3.00 | 0.00 | 0.00 | 0.00 | 2.00 | 17.00 | 45.00 |
| Cereal, Froot Loops, Reduced Sugar, 96/cs (G1) | 1 bowl | 96 | 110.00 | 160.00 | 0.50 | 0.00 | 1.00 | 2.00 | 0.00 | 4.50 | 500.00 | 15.00 | 0.00 | 2.00 | 8.00 | 24.00 |
| Cereal, Frosted Mini Wheats, 96 bowls | 1 Each | 96 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.00 | 0.00 | 8.10 | 0.00 | 0.00 | 0.00 | 3.00 | 6.00 | 24.00 |
| Cereal, Cocoa Puffs, Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 120.00 | 0.00 | 0.00 | 2.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 8.00 | 25.00 |
| Cereal, Lucky Charms (96/cs) (G1) | 1 Each | 96 | 110.00 | 180.00 | 0.00 | 0.00 | 1.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 10.00 | 23.00 |
| Cereal, Trix Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 140.00 | 0.00 | 0.00 | 2.00 | 1.00 | 100.00 | 2.70 | 500.00 | 3.60 | 0.00 | 1.00 | 7.00 | 24.00 |
| Cheese, Cheddar Stick (168/cs) (1 stick = M1) | 1 Each | 100 | 110.00 | 200.00 | 6.00 | 0.00 | 9.00 | 7.00 | 201.00 | 0.00 | 0.00 | 0.00 | 30.00 | 0.00 | 0.00 | 1.00 |
| Cracker, Honey Graham 150pk/cs (G1) | 1 Each | 100 | 90.00 | 95.00 | 0.00 | 0.00 | 2.50 | 2.00 | 0.00 | 0.72 | 0.00 | 0.00 | 0.00 | 1.00 | 4.00 | 17.00 |
| Fruit, Apple Sliced Ind bags 100/cs (1sv) | 1 Bag | 100 | 34.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10.00 | 0.18 | 50.00 | 123.60 | 0.00 | 7.00 | 8.00 | 8.00 |
| Weighted Daily Average | | | 455.34 | 516.50 | 2.65 | 0.00 | 8.19 | 16.18 | 421.93 | 7.56 | 1,148.75 | 45.74 | 13.63 | 5.40 | 44.91 | 82.62 |
| % of calories | | | | | 5.23 | 0.00 | 16.19 | 14.21 | | | | | | | | 72.58 |

| Thu 12/02/2021 - Lunch K-8 | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calcm | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|-----------------------------------|--------------|----------|-------|-----------|---------|------------|---------|---------|----------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit, Grape, Lunch Bunch Flat | 1 1/2 Cup | 300 | 57.18 | 1.53 | 0.04 | 0.00 | 0.12 | 0.55 | 7.62 | 0.27 | 50.32 | 2.44 | 0.00 | 0.69 | * | 13.80 |
| Fruit, Grape, Red Seedless Flat | 1 1/2 cup | 300 | 56.70 | 1.51 | 0.04 | 0.00 | 0.12 | 0.54 | 7.56 | 0.27 | 49.90 | 2.42 | 0.00 | 0.68 | * | 13.68 |
| Veg, Jicama 5 Lb | 1 1/2 Cup | 25 | 26.60 | 2.80 | 0.02 | 0.00 | 0.06 | 0.06 | 8.40 | 0.42 | 14.70 | 14.14 | 0.00 | 3.43 | * | 6.17 |
| Veg, Broccoli Bite-size 4/3lb | 1 1/2 Cup | 25 | 18.61 | 15.36 | 0.00 | 0.00 | 0.17 | 1.31 | 21.87 | 0.34 | 289.91 | 41.51 | 0.00 | 1.21 | * | 3.09 |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| | | | | | | | | | | | | | | | | |
|---|--------------|-----|--------|----------|------|------|-------|-------|--------|------|----------|-------|-------|-------|--------|--------|
| Fruit, Applesauce 6/10 | 1 1/2 Cup | 50 | 51.00 | 2.00 | 0.00 | 0.00 | 0.00 | 0.00 | 80.00 | 2.88 | 0.00 | 0.00 | 0.00 | 1.00 | 11.00 | 14.00 |
| Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag) | 1 Tbs | 200 | 20.00 | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 1.20 | 0.00 | 0.00 | 4.00 | 5.00 |
| Dressing, Ranch LF Pouch 2/1.5 gal (376 Tbsp/bag) | 1 Tbs | 100 | 22.50 | 135.00 | 0.00 | 0.00 | 1.00 | 0.00 | 5.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.50 | 3.50 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 70 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 280 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Milk, Carton, Strawberry Skim, 70/8oz | 1 ea | 140 | 140.00 | 95.00 | 0.00 | 0.00 | 0.00 | 8.00 | 300.00 | 0.00 | 500.00 | 0.00 | 5.00 | 0.00 | 25.00 | 26.00 |
| Chicken, Popcorn Chicken Bowl (G3/M2) - Chicken and Roll Only | 1 Each | 400 | 567.00 | 1,121.00 | 3.00 | 0.00 | 21.00 | 24.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.00 | 8.00 | 0.00 | 76.00 |
| Veg, Corn Whole - 1/30lb | 1 1/2 Cup | 500 | 67.00 | 1.00 | 0.00 | 0.00 | 1.00 | 2.00 | 2.02 | 0.38 | 165.52 | 2.83 | 0.00 | 2.00 | 3.00 | 16.00 |
| Veg, Potato, Instant Mashed, 12/28 oz | 1 1/2 c serv | 500 | 90.00 | 410.00 | 0.00 | 0.00 | 1.00 | 2.00 | 7.10 | 0.19 | 1.90 | 6.38 | 0.00 | 1.00 | 0.00 | 17.00 |
| Sauce, Marinara Redpack Vitamin Enhanced 6/10 | 1 1/4 Cup | 200 | 35.00 | 67.50 | 0.00 | 0.00 | 0.75 | 1.00 | 12.00 | 0.50 | 250.00 | 4.50 | 0.00 | 1.00 | 4.00 | 6.00 |
| Breadstick, Cheese Pull Apart 108/sv (G2 and M2) | 1 serv | 200 | 290.00 | 630.00 | 5.00 | 0.00 | 14.00 | 15.00 | 243.23 | 0.54 | 136.56 | 0.48 | 30.00 | 0.00 | 0.90 | 29.00 |
| Salad, Chicken Caesar (M2) | 1 Each | 250 | 152.00 | 302.67 | 2.33 | 0.00 | 7.33 | 13.63 | 107.43 | 0.00 | 578.17 | 12.69 | 55.67 | 2.40 | 0.90 | 9.32 |
| Dough, Roll W/G Proof & Bake 256/2.25oz (G2) | 1 serv | 400 | 160.00 | 260.00 | 0.50 | 0.00 | 3.50 | 5.00 | 0.00 | 1.44 | 0.00 | 3.60 | 0.00 | 2.00 | 5.00 | 27.00 |
| Weighted Daily Average | | | 970.32 | 1,830.14 | 5.19 | 0.00 | 26.56 | 41.28 | 402.14 | 2.33 | 1,159.57 | 22.17 | 54.53 | 11.46 | 28.94* | 148.39 |
| % of calories | | | | | 4.81 | 0.00 | 24.64 | 17.02 | | | | | | | | 61.17 |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| Fri 12/03/2021 - Breakfast Elementary | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calc | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|---------|---------|----------|----------|-----------|---------|------------|--------|
| Fruit Juice, Apple Carton 105/4oz | 1 serv | 100 | 54.96 | 14.99 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 29.98 | 0.00 | 0.00 | 14.99 | 14.99 |
| Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz | 1 serv | 100 | 60.00 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 15.00 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 140 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 210 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Cereal, Froot Loops, Reduced Sugar, 96/cs (G1) | 1 bowl | 96 | 110.00 | 160.00 | 0.50 | 0.00 | 1.00 | 2.00 | 0.00 | 4.50 | 500.00 | 15.00 | 0.00 | 2.00 | 8.00 | 24.00 |
| Cereal, Frosted Mini Wheats, 96 bowls | 1 Each | 96 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.00 | 0.00 | 8.10 | 0.00 | 0.00 | 0.00 | 3.00 | 6.00 | 24.00 |
| Cereal, Cocoa Puffs, Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 120.00 | 0.00 | 0.00 | 2.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 8.00 | 25.00 |
| Cereal, Lucky Charms (96/cs) (G1) | 1 Each | 96 | 110.00 | 180.00 | 0.00 | 0.00 | 1.00 | 2.00 | 100.00 | 4.50 | 500.00 | 6.00 | 0.00 | 2.00 | 10.00 | 23.00 |
| Cereal, Trix Reduced Sugar (96/cs) (G1) | 1 bowl | 96 | 110.00 | 140.00 | 0.00 | 0.00 | 2.00 | 1.00 | 100.00 | 2.70 | 500.00 | 3.60 | 0.00 | 1.00 | 7.00 | 24.00 |
| Cracker, Honey Graham 150pk/cs (G1) | 1 Each | 100 | 90.00 | 95.00 | 0.00 | 0.00 | 2.50 | 2.00 | 0.00 | 0.72 | 0.00 | 0.00 | 0.00 | 1.00 | 4.00 | 17.00 |
| Fruit, Applesauce 6/10 | 1 1/2 Cup | 100 | 51.00 | 2.00 | 0.00 | 0.00 | 0.00 | 0.00 | 80.00 | 2.88 | 0.00 | 0.00 | 0.00 | 1.00 | 11.00 | 14.00 |
| Strudel Stick, Apple, 72/2.29 oz (G2) | 1 Each | 200 | 210.00 | 260.00 | 1.00 | 0.00 | 6.00 | 5.00 | 0.00 | 1.08 | 0.00 | 0.00 | 0.00 | 2.00 | 11.00 | 36.00 |
| Weighted Daily Average | | | 407.09 | 452.00 | 1.15 | 0.00 | 5.94 | 12.93 | 362.68 | 7.27 | 1,136.25 | 14.84 | 6.13 | 3.90 | 42.66 | 79.37 |
| % of calories | | | | | 2.53 | 0.00 | 13.13 | 12.70 | | | | | | | | 77.99 |

| Fri 12/03/2021 - Lunch K-8 | Portion Size | Plan Qty | Cals | mg Sodium | g S-Fat | g Tr-Fat** | g T-Fat | g Protn | mg Calc | mg Iron | IU Vit-A | mg Vit-C | mg Cholst | g Fiber | g T-Sugars | g Carb |
|---|--------------|----------|--------|-----------|---------|------------|---------|---------|---------|---------|----------|----------|-----------|---------|------------|--------|
| Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag) | 1 Tbs | 200 | 20.00 | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 1.20 | 0.00 | 0.00 | 4.00 | 5.00 |
| Dressing, Ranch LF Pouch 2/1.5 gal (376 Tbsp/bag) | 1 Tbs | 100 | 22.50 | 135.00 | 0.00 | 0.00 | 1.00 | 0.00 | 5.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.50 | 3.50 |
| Milk, Carton, White 1%, 70/8oz | 1 ea | 70 | 100.00 | 125.00 | 1.50 | 0.00 | 2.50 | 8.00 | 300.00 | 0.00 | 750.00 | 0.00 | 10.00 | 0.00 | 12.00 | 12.00 |
| Milk, Carton, Chocolate Skim, 70/8oz | 1 ea | 280 | 140.00 | 200.00 | 0.00 | 0.00 | 0.00 | 9.00 | 307.00 | 0.00 | 750.00 | 0.00 | 5.00 | 0.00 | 24.00 | 25.00 |
| Milk, Carton, Strawberry Skim, 70/8oz | 1 ea | 140 | 140.00 | 95.00 | 0.00 | 0.00 | 0.00 | 8.00 | 300.00 | 0.00 | 500.00 | 0.00 | 5.00 | 0.00 | 25.00 | 26.00 |

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Alta Loma Elementary

Date: 11/29/2021 to 12/03/2021

| | | | | | | | | | | | | | | | | |
|--|-----------|-----|--------|----------|------|------|-------|-------|--------|------|----------|-------|-------|------|--------|-------|
| Fruit, Ice Sour Cherry-Lemon 84/cs | 1 serv | 550 | 90.00 | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 80.00 | 0.00 | 1,000.00 | 60.00 | 0.00 | 0.00 | 18.00 | 22.00 |
| Salad, Broccoli Bulk | 1 1/2 cup | 50 | 50.67 | 79.80 | 0.45 | 0.00 | 2.20 | 1.55 | 19.35 | 0.30 | 249.39 | 35.88 | 3.49 | 1.26 | * | 6.34 |
| Fruit, Peach Slice 6/10 | 1 1/2 Cup | 25 | 60.00 | 10.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 200.00 | 1.20 | 0.00 | 0.00 | 12.00 | 14.00 |
| Veg, Celery Stick 5/lb | 1 1/2 Cup | 25 | 8.08 | 40.40 | 0.02 | 0.00 | 0.09 | 0.35 | 20.20 | 0.10 | 226.75 | 1.57 | 0.00 | 0.81 | * | 1.50 |
| Wrap, Italian (G2/M2.5) | 1 Each | 20 | 353.61 | 1,064.70 | 5.02 | 0.00 | 16.06 | 20.60 | 236.52 | 3.88 | 4,644.19 | 12.99 | 69.50 | 4.69 | 0.50 | 33.81 |
| Pizza, French Bread Cheese 60/cs (G2 and M2) | 1 Each | 600 | 290.00 | 440.00 | 4.00 | 0.00 | 11.00 | 17.00 | 0.00 | 0.00 | 0.00 | 0.00 | 20.00 | 0.00 | 4.00 | 33.00 |
| Weighted Daily Average | | | 511.43 | 717.66 | 4.38 | 0.00 | 12.18 | 24.83 | 332.86 | 0.16 | 1,697.54 | 58.94 | 27.27 | 0.29 | 41.20* | 76.85 |
| % of calories | | | | | 7.71 | 0.00 | 21.43 | 19.42 | | | | | | | | 60.11 |

* Missing nutrient value

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