

# Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Mon 11/29/2021 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Fruit Juice, Kiwi/Strawberry Shelf Stable 40/4.23oz	1 serv	80	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	12.00	14.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	80	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Fruit, Orange Case 113/ct	1 1/2 Cup	20	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Donut, Super Choco WG, 80/1.09 oz (G1)	1 Each	30	310.00	360.00	4.00	0.00	12.00	6.00	250.00	7.20	200.00	42.00	10.00	2.00	*	42.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	30	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain Sliced IW W/G 72/3oz (G1)	1 serv	30	217.00	230.00	0.09	0.00	0.82	7.80	18.00	2.47	0.00	0.00	0.00	4.36	4.00	44.60
Yogurt, Strawberry 48/4oz	1 Each	20	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Yogurt, Strawberry/Banana 48/cs	1 Each	20	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Bread, Pumpkin Slice 70/3.4oz (G2)	1 ea	10	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	36	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	36	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	24	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Cheese, Cream 100/1 oz	1 Each	20	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Breakfast Bar, Glazed Honey Wheat, 72/cs (G2)	1 Each	24	270.00	290.00	4.00	0.00	8.00	4.00	21.00	1.00	0.00	0.00	5.00	1.00	21.00	43.00
Weighted Daily Average			514.24	558.31	3.48	0.00	8.70	16.20	526.41	4.15	1,712.38	16.45	14.40	4.20	52.95*	93.33
% of calories					6.09	0.00	15.23	12.60								72.60

Mon 11/29/2021 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00

\* Missing nutrient value

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Menu Plan Nutrients By Item

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Date: 11/29/2021 to 12/03/2021

Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bev, Lemonade Pink Mix 15/2gl	1 Gallon	300	3.68	1.58	0.00	0.00	0.00	0.00	0.81	0.00	0.00	5.00	0.00	0.00	0.84	1.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	200	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	200	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Salad, Garden (M2)	1 Each	12	218.58	249.21	7.50	0.00	13.50	14.64	330.92	1.30	1,173.61	34.24	195.00	2.77	3.00	7.77
Salad, Chef (M3) - Warehouse Ham	1 Each	12	234.56	673.72	5.77	0.00	11.54	25.57	*	*	*	*	218.72	2.40	1.92	8.89
Wrap, Turkey Bacon Pepper Jack (G2/M2.5/V0.5)	1 Each	12	375.61	1,106.88	6.01	0.00	15.66	26.96	198.68	2.89	4,568.76	8.65	62.20	4.59	1.00	31.49
Wrap, Chicken Buffalo (G3/M2/V.5) - Warehouse Cheese	1 Each	24	493.91	751.28	6.01	0.00	24.74	23.02	285.18	4.40	4,757.26	8.65	40.00	7.59	1.00	47.49
Sandwich, Ham (2G/M2.5) - Warehouse Ham and Cheese	1 Each	10	295.28	1,012.01	5.03	0.00	12.07	20.17	*	*	*	*	51.62	2.00	8.03	32.07
Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese	1 Each	2	306.34	820.96	6.01	0.00	13.04	16.42	7.35	1.49	184.38	3.64	30.00	2.48	8.00	31.25
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	12	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Veg, Zucchini 20/lb	1 1/2 Cup	50	14.60	2.09	0.00	0.00	0.28	1.88	14.60	0.55	340.55	23.70	0.00	0.76	2.50	2.16
Fruit, Pineapple Chunks 6/#10	1 1/2 Cup	150	70.00	10.00	0.00	0.00	0.00	1.00	20.00	0.72	100.00	9.00	0.00	1.00	14.00	17.00
Veg, Cucumber 1/24pk	1 1/2 Cup	50	7.80	1.00	0.00	0.00	0.00	0.34	8.00	0.15	54.00	1.46	0.00	0.26	0.87	1.50
Veg, Carroteenies Indiv 100/3oz	1 Bag	150	35.00	65.00	0.00	0.00	0.00	1.00	20.00	0.36	6,000.00	6.00	0.00	2.00	5.00	8.00
Veg, Bean Green 6/10	1 1/2 Cup	100	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Creamy Chicken Carbonara (G2/M2.25)	1 Each	100	396.18	515.88	5.65	0.00	11.98	24.46	278.52	4.34	1,360.04	5.04	54.02	3.08	*	48.41

\* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Breadstick, Wheat, 150/1.3oz	1 Each	100	110.00	180.00	0.00	0.00	2.00	5.00	0.00	1.08	0.00	0.00	0.00	2.00	1.00	20.00
Salad, Caesar Bulk	1 1/2 cup	100	37.76	73.21	0.69	0.00	3.07	0.98	24.59	0.29	2,113.18	2.46	3.46	0.58	0.18	1.57
Box, Protein Peanut Butter (G2/M2.5/F0.5)	1 Each	10	734.00	543.00	11.00	0.00	41.50	23.00	243.00	74.50	50.00	123.60	30.00	15.00	29.00	72.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	30	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Sandwich, Cheeseburger (G2/M2.5) - Warehouse Cheese	1 Each	100	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	200	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Veg, Potato, Tater Tots, 6/5#	1 Ounce	900	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	900	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10
Nacho, Super Beef (G2/M2) - Warehouse Ground Beef	1 Each	200	528.45	700.22	8.76	2.13	31.79	20.02	79.23	3.28	26.87	2.06	60.42	4.19	*	42.67
Veg, Bean, Refried W/Cheese & Green Chile 4/8# bags (140 serv/cs) (3.65 oz=M2)	1 serv	200	220.00	360.00	5.00	0.00	12.00	11.00	198.00	1.00	200.00	3.60	25.00	4.00	1.00	17.00
Weighted Daily Average			879.29	1,462.37	11.46	0.47	40.10	36.61	428.57*	6.21*	2,060.97*	10.46*	66.49	8.17	17.99*	94.87
% of calories					11.73	0.48	41.04	16.66								43.16

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**Menu Plan Nutrients By Item**

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

<b>Tue 11/30/2021 - Breakfast High</b>	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Donut, Super Choco WG, 80/1.09 oz (G1)	1 Each	30	310.00	360.00	4.00	0.00	12.00	6.00	250.00	7.20	200.00	42.00	10.00	2.00	*	42.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	30	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain Sliced IW W/G 72/3oz (G1)	1 serv	30	217.00	230.00	0.09	0.00	0.82	7.80	18.00	2.47	0.00	0.00	0.00	4.36	4.00	44.60
Yogurt, Strawberry 48/4oz	1 Each	20	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Yogurt, Strawberry/Banana 48/cs	1 Each	20	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Bread, Pumpkin Slice 70/3.4oz (G2)	1 ea	10	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	36	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	36	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	24	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Cheese, Cream 100/1 oz	1 Each	20	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Breakfast Sandwich, SEC Croissant (G2/M2.5)	1 Each	24	340.00	815.00	6.50	0.00	16.50	17.00	121.00	1.80	300.00	0.00	127.50	3.00	4.00	32.00
Fruit Juice, Mango Splash Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13.00	14.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Fruit, Orange Case 113/ct	1 1/2 Cup	20	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Weighted Daily Average			522.64	617.31	3.78	0.00	9.72	17.76	530.41	4.25	1,948.38	40.45	29.10	4.44	50.11*	90.81
% of calories					6.51	0.00	16.74	13.60								69.50

<b>Tue 11/30/2021 - Lunch High</b>	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	1	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00

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Date: 11/29/2021 to 12/03/2021

Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	200	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	350	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bev, Lemonade Pink Mix 15/2gl	1 Gallon	300	3.68	1.58	0.00	0.00	0.00	0.00	0.81	0.00	0.00	5.00	0.00	0.00	0.84	1.00
Supply, Glove Disposable Surgical Small (w/o powder) 4/100	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Glove Disposable Surgical Medium (w/o powder) 4/100	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Glove Disposable Surgical Large (w/o powder) 4/100	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Cup Plastic 5.5 oz 20/125 lid 42065	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Lid Plastic 5.5 oz 2500/cs Cup 42026	1 lid	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Bag Saddle Plain 6 1/2" x 7"	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Bag Plastic 10x15	1 ea	100	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Liner Large Blue 44gl 150/cs	1 Each	2	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Tray 1 Compartment w/ Hinged Lid, 200/cs	1 Each	100	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Supply, Tray 3 Compartment 4/125 (500/cs)	1 ea	5000	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Supply, Cup Styro 12 oz 40/25 (lid 42056)	1 ea	3000	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Bev, Water 40/16.9oz	1 Each	10	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Salad, Garden (M2)	1 Each	12	218.58	249.21	7.50	0.00	13.50	14.64	330.92	1.30	1,173.61	34.24	195.00	2.77	3.00	7.77
Salad, Chef (M3) - Warehouse Ham	1 Each	12	234.56	673.72	5.77	0.00	11.54	25.57	*	*	*	*	218.72	2.40	1.92	8.89
Wrap, Turkey Bacon Pepper Jack (G2/M2.5/V0.5)	1 Each	12	375.61	1,106.88	6.01	0.00	15.66	26.96	198.68	2.89	4,568.76	8.65	62.20	4.59	1.00	31.49

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Wrap, Chicken Buffalo (G3/M2/V.5) - Warehouse Cheese	1 Each	24	493.91	751.28	6.01	0.00	24.74	23.02	285.18	4.40	4,757.26	8.65	40.00	7.59	1.00	47.49
Veg, Peas & Carrots, Frozen, 30#	1 1/2 Cup	150	37.86	60.57	0.00	0.00	0.00	2.27	15.14	0.27	1,892.86	4.54	0.00	2.27	3.79	6.81
Fruit, Orange Case 113/ct	1 1/2 Cup	150	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Fruit, Mixed 6/#10	1 1/2 cup	150	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.60	0.00	1.00	12.00	16.00
Veg, Celery Stick 5/lb	1 1/2 Cup	50	8.08	40.40	0.02	0.00	0.09	0.35	20.20	0.10	226.75	1.57	0.00	0.81	*	1.50
Veg, Cauliflower Florets 2/3 Lb	1 1/2 Cup	30	16.33	16.33	0.04	0.00	0.15	1.04	11.98	0.23	0.00	26.24	0.00	1.09	1.91	2.71
California Veggie Blend	1 1/2 Cup	150	17.15	17.15	0.00	0.00	0.05	0.57	11.44	0.00	428.82	12.01	0.00	1.14	1.14	3.02
Sandwich, Ham (2G/M2.5) - Warehouse Ham and Cheese	1 Each	10	295.28	1,012.01	5.03	0.00	12.07	20.17	*	*	*	*	51.62	2.00	8.03	32.07
Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese	1 Each	2	306.34	820.96	6.01	0.00	13.04	16.42	7.35	1.49	184.38	3.64	30.00	2.48	8.00	31.25
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Veg, Potato, Tater Tots, 6/5#	1 Ounce	900	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	900	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10
Rice Bowl, Orange Chicken & Brown Rice (G2/M2)	1 Each	200	223.33	280.00	0.50	0.00	3.69	12.83	0.00	1.05	0.00	1.20	40.00	0.92	10.00	34.13
Weighted Daily Average			506.81*	866.32*	4.27*	0.00*	18.71*	18.21*	269.08*	2.27*	1,075.85*	16.97*	28.59*	4.24*	22.52*	66.02*
% of calories					7.57*	0.00*	33.23*	14.37*								52.11*

\* Missing nutrient value

\*\* The Trans Fat value is provided for informational purposes only and is not used for monitoring purposes

**Menu Plan Nutrients By Item**

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

<b>Wed 12/01/2021 - Breakfast High</b>	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Fruit Juice, Mango Splash Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13.00	14.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Fruit, Orange Case 113/ct	1 1/2 Cup	20	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Donut, Super Choco WG, 80/1.09 oz (G1)	1 Each	30	310.00	360.00	4.00	0.00	12.00	6.00	250.00	7.20	200.00	42.00	10.00	2.00	*	42.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	30	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain Sliced IW W/G 72/3oz (G1)	1 serv	30	217.00	230.00	0.09	0.00	0.82	7.80	18.00	2.47	0.00	0.00	0.00	4.36	4.00	44.60
Yogurt, Strawberry 48/4oz	1 Each	20	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Yogurt, Vanilla 48/4oz	1 Each	20	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	5.00	0.00	10.00	14.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	36	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	36	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	24	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Cheese, Cream 100/1 oz	1 Each	20	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Weighted Daily Average			468.84	507.01	2.93	0.00	7.34	15.47	510.19	3.98	1,862.38	40.45	14.30	3.98	48.43*	84.77
% of calories					5.62	0.00	14.09	13.20								72.33

<b>Wed 12/01/2021 - Lunch High</b>	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Veg, Potato, Seasoned 1/2" Stix 30#	1 1/2 Cup	20	119.00	134.87	0.40	0.00	3.97	1.59	0.00	0.36	0.00	2.40	0.00	1.59	0.00	19.83
Veg, Potato, Tater Tots, 6/5#	1 Ounce	900	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	900	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10

\* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	30	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Sandwich, Cheeseburger (G2/M2.5) - Warehouse Cheese	1 Each	100	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	200	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (G2/M2.5)	1 Each	59	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	100	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Pizza, HS Cheese Primo, 72 svcs/cs (G2 and M2)	1 Each	200	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	300	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Fruit, Apple Sliced Ind bags 100/cs (1sv)	1 Bag	400	34.00	0.00	0.00	0.00	0.00	0.00	10.00	0.18	50.00	123.60	0.00	7.00	8.00	8.00
Fruit, Pear Dice 6/10	1 1/2 Cup	150	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.60	0.00	2.00	12.00	16.00
Veg, Carroteenies Indiv 100/3oz	1 Bag	150	35.00	65.00	0.00	0.00	0.00	1.00	20.00	0.36	6,000.00	6.00	0.00	2.00	5.00	8.00
Veg, Pepper, Green, Red & Yellow 15#	1 1/2 Cup	50	11.00	1.38	0.00	0.00	0.00	0.03	4.60	0.16	170.20	36.98	0.00	0.07	2.40	2.00
Veg, Corn Whole Kernel 6/10	1 1/2 cup	100	65.00	15.00	0.00	0.00	1.00	2.00	20.00	0.36	0.00	3.60	0.00	2.00	3.00	15.00
Box, Protein Peanut Butter (G2/M2.5/F0.5)	1 Each	10	734.00	543.00	11.00	0.00	41.50	23.00	243.00	74.50	50.00	123.60	30.00	15.00	29.00	72.00
Sandwich, Ham (2G/M2.5) - Warehouse Ham and Cheese	1 Each	12	295.28	1,012.01	5.03	0.00	12.07	20.17	*	*	*	*	51.62	2.00	8.03	32.07
Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese	1 Each	2	306.34	820.96	6.01	0.00	13.04	16.42	7.35	1.49	184.38	3.64	30.00	2.48	8.00	31.25
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	10	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Wrap, Turkey Bacon Pepper Jack (G2/M2.5/V0.5)	1 Each	12	375.61	1,106.88	6.01	0.00	15.66	26.96	198.68	2.89	4,568.76	8.65	62.20	4.59	1.00	31.49

\* Missing nutrient value

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**Menu Plan Nutrients By Item**

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Wrap, Chicken Buffalo (G3/M2/V.5) - Warehouse Cheese	1 Each	24	493.91	751.28	6.01	0.00	24.74	23.02	285.18	4.40	4,757.26	8.65	40.00	7.59	1.00	47.49
Salad, Garden (M2)	1 Each	12	218.58	249.21	7.50	0.00	13.50	14.64	330.92	1.30	1,173.61	34.24	195.00	2.77	3.00	7.77
Salad, Chef (M3) - Warehouse Ham	1 Each	12	234.56	673.72	5.77	0.00	11.54	25.57	*	*	*	*	218.72	2.40	1.92	8.89
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	350	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bev, Lemonade Pink Mix 15/2gl	1 Gallon	30	3.68	1.58	0.00	0.00	0.00	0.00	0.81	0.00	0.00	5.00	0.00	0.00	0.84	1.00
Weighted Daily Average			805.27	1,365.57	8.88	0.00	32.59	34.57	460.83*	5.38*	1,837.18*	62.01*	53.42	10.00	28.02	94.77
% of calories					9.93	0.00	36.42	17.17								47.07

Thu 12/02/2021 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	30	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Breakfast Sandwich, EC Croissant (G2/M1.5) - Warehouse Cheese	1 Each	30	270.00	575.00	5.00	0.00	12.00	11.00	121.00	1.44	300.00	0.00	107.50	3.00	4.00	31.00
Fruit Juice, Mango Splash Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13.00	14.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Donut, Super Choco WG, 80/1.09 oz (G1)	1 Each	30	310.00	360.00	4.00	0.00	12.00	6.00	250.00	7.20	200.00	42.00	10.00	2.00	*	42.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	30	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain Sliced IW W/G 72/3oz (G1)	1 serv	24	217.00	230.00	0.09	0.00	0.82	7.80	18.00	2.47	0.00	0.00	0.00	4.36	4.00	44.60
Yogurt, Strawberry 48/4oz	1 Each	20	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Yogurt, Vanilla 48/4oz	1 Each	20	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	5.00	0.00	10.00	14.00
Bev, Smoothie Strawberry Banana 48/7.6oz (1bottle = 1F & 1M/MA)	1 1 Serving	70	125.00	70.00	0.00	0.00	0.00	5.00	160.00	0.36	0.00	15.00	0.00	0.00	20.00	40.00
Bread, Pumpkin Slice 70/3.4oz (G2)	1 ea	10	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	36	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	36	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Fruit, Orange Case 113/ct	1 1/2 Cup	20	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Cereal, Cheerios Bowl Pack, 96/cs (G1)	1 bowl	10	100.00	140.00	1.00	0.00	2.00	3.00	100.00	8.10	500.00	6.00	0.00	3.00	1.00	20.00
Cereal, Cinnamon Toast Crunch (96/cs) (G1)	1 bowl	10	110.00	160.00	1.00	0.00	3.00	1.00	80.00	3.60	400.00	4.80	0.00	3.00	6.00	22.00
Cereal, Chex, Honey Nut Gluten free (96/cs) (G1)	1 bowl	10	120.00	200.00	0.00	0.00	1.00	2.00	100.00	4.50	500.00	6.00	0.00	1.00	9.00	27.00
Cheese, Cheddar Stick (168/cs) (1 stick = M1)	1 Each	10	110.00	200.00	6.00	0.00	9.00	7.00	201.00	0.00	0.00	0.00	30.00	0.00	0.00	1.00
Cheese, Colby Jack Individual (168/cs) (1 stick = M1)	1 Each	10	110.00	200.00	6.00	0.00	9.00	7.00	200.00	0.00	200.00	0.00	25.00	0.00	0.00	0.00
Cheese, Mozz String (168 ea) (1oz = M1)	1 Each	10	80.00	200.00	4.00	0.00	6.00	6.00	198.00	0.00	200.00	0.00	20.00	0.00	0.00	2.00
Egg, Whole Peeled, 8/18 ct (1egg = M1.5)	1 Each	10	70.00	55.00	1.50	0.00	4.50	6.00	22.00	1.00	263.00	0.00	165.00	0.00	0.00	0.00
Cracker, Honey Graham 150pk/cs (G1)	1 Each	10	90.00	95.00	0.00	0.00	2.50	2.00	0.00	0.72	0.00	0.00	0.00	1.00	4.00	17.00
Peanut Butter, Indiv 200/.75 oz	1 Each	10	120.00	100.00	2.00	0.00	10.00	5.00	20.00	0.36	0.00	0.00	0.00	2.00	2.00	6.00
Cheese, Cream 100/1 oz	1 Each	24	90.00	95.00	6.00	0.00	9.00	2.00	20.00	0.00	400.00	0.00	30.00	0.00	2.00	2.00
Apple Cinnamon Texas Toast (G2)	1 1 Serving	48	260.00	290.00	1.00	0.00	6.00	8.00	53.00	3.00	0.00	0.00	0.00	2.00	17.00	45.00
Weighted Daily Average			675.58	772.86	5.24	0.00	13.70	23.07	653.05	5.99	2,068.53	46.54	43.48	5.47	62.48*	120.68
% of calories					6.99	0.00	18.25	13.66								71.46

Thu 12/02/2021 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calc	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	140	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	200	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	30	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	300	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	30	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	30	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	3000	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	350	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	20	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bev, Lemonade Pink Mix 15/2gl	1 Gallon	300	3.68	1.58	0.00	0.00	0.00	0.00	0.81	0.00	0.00	5.00	0.00	0.00	0.84	1.00
Sandwich, Ham (2G/M2.5) - Warehouse Ham and Cheese	1 Each	10	295.28	1,012.01	5.03	0.00	12.07	20.17	*	*	*	*	51.62	2.00	8.03	32.07
Sandwich, Cheese Reimbursable (2G/2M) - Warehouse Cheese	1 Each	2	306.34	820.96	6.01	0.00	13.04	16.42	7.35	1.49	184.38	3.64	30.00	2.48	8.00	31.25
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	10	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Peanut Butter (G2/M2.5/F0.5)	1 Each	10	734.00	543.00	11.00	0.00	41.50	23.00	243.00	74.50	50.00	123.60	30.00	15.00	29.00	72.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	30	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Sandwich, Cheeseburger (G2/M2.5) - Warehouse Cheese	1 Each	200	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	200	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00

\* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Chicken, Nuggets (G1/M2) - HS must add 1 grain	1 Each	100	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Sandwich, Chicken Grilled (G2/M2.5)	1 Each	50	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	50	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Wrap, Turkey Bacon Pepper Jack (G2/M2.5/V0.5)	1 Each	24	375.61	1,106.88	6.01	0.00	15.66	26.96	198.68	2.89	4,568.76	8.65	62.20	4.59	1.00	31.49
Wrap, Chicken Buffalo (G3/M2/V.5) - Warehouse Cheese	1 Each	24	493.91	751.28	6.01	0.00	24.74	23.02	285.18	4.40	4,757.26	8.65	40.00	7.59	1.00	47.49
Salad, Garden (M2)	1 Each	10	218.58	249.21	7.50	0.00	13.50	14.64	330.92	1.30	1,173.61	34.24	195.00	2.77	3.00	7.77
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	10	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	10	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Salad, Chef (M3) - Warehouse Ham	1 Each	12	234.56	673.72	5.77	0.00	11.54	25.57	*	*	*	*	218.72	2.40	1.92	8.89
Veg, Potato, Tater Tots, 6/5#	1 Ounce	900	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	900	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10
Fruit, Grape, Lunch Bunch Flat	1 1/2 Cup	200	57.18	1.53	0.04	0.00	0.12	0.55	7.62	0.27	50.32	2.44	0.00	0.69	*	13.80
Veg, Jicama 5 Lb	1 1/2 Cup	50	26.60	2.80	0.02	0.00	0.06	0.06	8.40	0.42	14.70	14.14	0.00	3.43	*	6.17
Veg, Broccoli Bite-size 4/3lb	1 1/2 Cup	50	18.61	15.36	0.00	0.00	0.17	1.31	21.87	0.34	289.91	41.51	0.00	1.21	*	3.09
Fruit, Applesauce 6/10	1 1/2 Cup	200	51.00	2.00	0.00	0.00	0.00	0.00	80.00	2.88	0.00	0.00	0.00	1.00	11.00	14.00
Veg, Corn Whole - 1/30lb	1 1/2 Cup	200	67.00	1.00	0.00	0.00	1.00	2.00	2.02	0.38	165.52	2.83	0.00	2.00	3.00	16.00
Chicken, Popcorn Chicken Bowl (G3/M2) - HS w/ Mashed Potatoes and Can Corn	1 Each	300	567.00	1,121.00	3.00	0.00	21.00	24.00	0.00	0.00	0.00	0.00	25.00	8.00	0.00	76.00
Veg, Potato, Instant Mashed, 12/28 oz	1 1/2 c serv	300	90.00	410.00	0.00	0.00	1.00	2.00	7.10	0.19	1.90	6.38	0.00	1.00	0.00	17.00
Weighted Daily Average			1,083.54	2,239.32	10.08	0.00	42.73	44.47	443.70*	5.98*	922.11*	10.94*	66.29	9.86	31.86*	132.36
% of calories					8.37	0.00	35.49	16.42								48.86

\* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Fri 12/03/2021 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cinnamon Bun, Ultra Baked Super Bun (G2)	1 Each	24	240.00	300.00	2.00	0.00	8.00	5.00	60.00	1.08	400.00	1.20	20.00	3.00	15.00	28.00
Fruit Juice, Mango Splash Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13.00	14.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	80	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Milk, Carton, White 1%, 70/8oz	1 ea	70	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	140	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Fruit, Orange Case 113/ct	1 1/2 Cup	20	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Burrito, Breakfast BEC - Warehouse Cheese	1 serv	24	470.56	643.13	8.62	0.00	24.67	24.88	295.30	4.09	704.49	2.65	442.09	3.44	0.00	35.44
Donut, Super Choco WG, 80/1.09 oz (G1)	1 Each	30	310.00	360.00	4.00	0.00	12.00	6.00	250.00	7.20	200.00	42.00	10.00	2.00	*	42.00
Donut, Super Plain WG 80/1.9 oz (G1)	1 pc	30	150.00	190.00	1.50	0.00	5.00	4.00	200.00	6.30	2,500.00	30.00	0.00	1.00	12.00	23.00
Bagel, Plain Sliced IW W/G 72/3oz (G1)	1 serv	24	217.00	230.00	0.09	0.00	0.82	7.80	18.00	2.47	0.00	0.00	0.00	4.36	4.00	44.60
Yogurt, Strawberry 48/4oz	1 Each	20	100.00	60.00	0.00	0.00	0.50	3.00	80.00	0.00	500.00	0.00	5.00	0.00	14.00	20.00
Yogurt, Strawberry/Banana 48/cs	1 Each	20	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Bread, Pumpkin Slice 70/3.4oz (G2)	1 ea	10	260.00	250.00	1.50	0.00	8.00	5.00	114.00	1.00	1,000.00	0.00	0.00	2.00	24.00	44.00
Pop Tart, Cinnamon Frosted W/G, 72/2pk (G2.5)	1 pk	36	370.00	400.00	2.00	0.00	6.00	5.00	200.00	3.60	1,000.00	0.00	0.00	6.00	31.00	76.00
Pop Tart, Strawberry Frosted, W/G 72/2pk (G2.25)	1 pk	36	350.00	370.00	2.00	0.00	5.00	4.00	200.00	3.60	1,000.00	0.00	0.00	6.00	30.00	76.00
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	36	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Weighted Daily Average			564.19	637.28	3.79	0.00	11.16	19.41	564.74	4.69	2,004.92	40.91	67.15	4.90	51.41*	94.67
% of calories					6.05	0.00	17.80	13.76								67.12

Fri 12/03/2021 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	140	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Milk, Carton, Chocolate Skim, 70/8oz	1 ea	350	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	20	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bev, Lemonade Pink Mix 15/2gl	1 Gallon	300	3.68	1.58	0.00	0.00	0.00	0.00	0.81	0.00	0.00	5.00	0.00	0.00	0.84	1.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	30	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs	30	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	30	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	30	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	30	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	100	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	200	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Sandwich, Ham (2G/M2.5) - Warehouse Ham and Cheese	1 Each	10	295.28	1,012.01	5.03	0.00	12.07	20.17	*	*	*	*	51.62	2.00	8.03	32.07
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	50	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Turkey California (G2/M2)	1 Each	10	336.82	1,171.16	7.00	0.00	15.25	21.96	154.00	1.62	0.00	0.00	58.92	2.00	5.00	28.00
Box, Protein Peanut Butter (G2/M2.5/F0.5)	1 Each	10	734.00	543.00	11.00	0.00	41.50	23.00	243.00	74.50	50.00	123.60	30.00	15.00	29.00	72.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	30	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Sandwich, Cheeseburger (G2/M2.5) - Warehouse Cheese	1 Each	200	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	200	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (G2/M2.5)	1 Each	50	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00

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Menu Plan Nutrients By Item

Site: Peoria High School

Date: 11/29/2021 to 12/03/2021

Sandwich, Chicken Patty (G3/M2)	1 Each	50	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Wrap, Turkey Bacon Pepper Jack (G2/M2.5/V0.5)	1 Each	12	375.61	1,106.88	6.01	0.00	15.66	26.96	198.68	2.89	4,568.76	8.65	62.20	4.59	1.00	31.49
Wrap, Chicken Buffalo (G3/M2/V.5) - Warehouse Cheese	1 Each	24	493.91	751.28	6.01	0.00	24.74	23.02	285.18	4.40	4,757.26	8.65	40.00	7.59	1.00	47.49
Salad, Garden (M2)	1 Each	12	218.58	249.21	7.50	0.00	13.50	14.64	330.92	1.30	1,173.61	34.24	195.00	2.77	3.00	7.77
Salad, Chef (M3) - Warehouse Ham	1 Each	12	234.56	673.72	5.77	0.00	11.54	25.57	*	*	*	*	218.72	2.40	1.92	8.89
Veg, Potato, Tater Tots, 6/5#	1 Ounce	900	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Veg, Potato, Ranch Curly Fry 6/5#	1 1/2 Cup	900	130.28	358.27	0.81	0.00	5.70	1.63	9.23	0.64	0.00	0.50	0.00	0.81	0.00	17.10
Fruit, Peach Slice 6/10	1 1/2 Cup	200	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	12.00	14.00
Veg, Celery Stick 5/lb	1 1/2 Cup	50	8.08	40.40	0.02	0.00	0.09	0.35	20.20	0.10	226.75	1.57	0.00	0.81	*	1.50
Veg, Beans Fiesta - WH Black WH Pinto	1 1/2 cup	50	104.56	146.04	0.00	0.00	0.54	6.58	41.65	3.65	11.52	6.86	0.00	6.40	*	18.72
Rice, Mexican (G1)	1 1/2 Cup Cooked	100	60.78	441.60	0.00	0.00	0.39	1.04	0.00	0.19	192.00	0.00	0.00	2.44	3.84	14.34
Taco, Beef Soft (G2/M2.25)	1 Each	100	383.45	395.22	7.76	2.13	21.79	22.02	265.73	4.48	115.37	2.06	70.42	2.19	*	24.67
Sandwich, Spicy Deluxe (G4/M2)	1 Each	50	431.23	840.69	2.69	0.00	17.62	23.67	82.14	2.13	548.68	21.95	55.80	4.53	5.35	44.12
Sandwich, Deluxe Breaded Chicken (G3/M2)	1 Each	120	340.00	550.00	2.00	0.00	11.50	25.00	60.00	2.16	0.00	0.00	45.00	5.00	3.00	35.00
Weighted Daily Average			851.47	1,506.04	9.34	0.24	35.29	39.29	432.77*	5.81*	900.19*	6.69*	68.48	7.05	24.75*	94.82
% of calories					9.87	0.25	37.30	18.46								44.54

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