

# November 2021 - High School

## Free meals for all students!

Student ID's are required for every student

### Daily Unlimited Fruits & Veggies:

**Mon:** Mandarin Oranges or Pineapple, Pears, Carrots, Zucchini

**Tues:** Mixed Fruit, Oranges, Celery, Cauliflower

**Wed:** Pears, Sliced Apples, Carrots, Bell Pepper

**Thurs:** Applesauce, Grapes, Broccoli, Jicama

**Fri:** Peaches, Fruit Ice or Juice, Celery

Salad offered daily

### Daily Lunch Offerings:

Pizza	Uncrustables
Spicy Chicken Sandwich	Salads
Burgers	Wraps
French Fries	Cold Sandwiches

Every lunch includes an entree, fruit, veggie, milk & water.

### Daily Breakfast Offerings:

Breakfast Pizza	Boiled Eggs
Assorted Cereals	Bagels
Donut	Smoothies
Yogurt	Pop Tarts

Every breakfast includes an entree, fruit, juice and milk.

### Prices for Second Meals:

<u>Breakfast</u>	<u>Lunch</u>
2nd Student Meal: \$1.75	2nd Student Meal: \$2.75
Adult Meal: \$1.75	Adult Meal: \$3.75

Payment can be made on [www.myschoolbucks.com](http://www.myschoolbucks.com) or by cash or check at the school cafeteria.

**Charge Policy:** Charges are not allowed for second meals or a la carte purchases.

Menu items are subject to change without notification. Substitutions will be made.

Vegetarian Options Available Daily

This institution is an equal opportunity provider.



PEORIA UNIFIED SCHOOL DISTRICT  
**FOOD & NUTRITION**

[f](https://www.facebook.com/PUSDFeedsDreams) [i](https://www.instagram.com/PUSDFeedsDreams) @PUSDFeedsDreams

Last Updated 10/15/2021

<b>1</b> Glazed Breakfast Bar  Taco Salad Baked Ziti  Roasted Parmesan Broccoli, Refried Beans	<b>2</b> Yogurt and Muffin  Teriyaki Chicken w/Rice Quesadilla  Sriracha Cauliflower	<b>3</b> Yogurt Parfait  Taquitos Spicy Chicken Sandwich  Street Corn	<b>4</b> French Toast  Popcorn Chicken Mashed Potato Bowl  Fresh Veggies	<b>5</b> Breakfast Burrito  Tacos w/Mexican Rice BBQ Pork Sandwich w/Beans and Coleslaw  Garden Salad, French Fries
<b>8</b> Cinnamon Breakfast Round Super Nachos Penne Pasta w/Meatballs  Green Beans, Refried Beans	<b>9</b> Yogurt and Muffin  Orange Chicken w/Rice Fajitas  California Blend Vegetables	<b>10</b> Yogurt Parfait  Burritos Hamburgers  Street Corn	<b>11</b> Veteran's Day No School 	<b>12</b> Breakfast Burrito  Tamales w/Mexican Rice Philly Cheesesteak  Caesar Salad, French Fries
<b>15</b> Glazed Breakfast Bar  Taco Salad Chicken Pasta Alfredo  Roasted Parmesan Broccoli, Refried Beans	<b>16</b> Yogurt and Muffin  Teriyaki Chicken w/Rice Quesadilla  *Fortune Cookie* Sriracha Cauliflower	<b>17</b> Yogurt Parfait  Taquitos Cheeseburger  Street Corn	<b>18</b> French Toast Thanksgiving Meal Turkey & Gravy w/Mashed Potatoes, Stuffing & Roll  Cranberry Sauce, Apple Slices, Hot Green Beans, Dessert	<b>19</b> Breakfast Burrito  Enchiladas w/Mexican Rice Toasted Italian Sub Sandwich *Churro* Fiesta Bean Salad, French Fries

## Thanksgiving Break- No School

<b>29</b> Cinnamon Breakfast Round Super Nachos Chicken Carbonara  Green Beans, Refried Beans	<b>30</b> Yogurt and Muffin  Orange Chicken w/Rice Fajitas  California Blend Vegetables	<b>1</b> Yogurt Parfait  Burrito Uncrustable PB&J  Street Corn	<b>2</b> Apple Cinnamon Toast  Popcorn Chicken Mashed Potato Bowl  Fresh Veggies	<b>3</b> Breakfast Burrito  Tacos w/Mexican Rice Clux Delux Sandwich w/ Coleslaw  Broccoli Salad, French Fries
---	---	--	--	---