

Special Diet Elementary Menu 2023-2024

October 2 - October 6

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Lunch	Reg Chicken Potstickers w/Rice	Reg Walking Turkey Tacos w/Mexican Rice	Reg Possible Breakfast Sandwich Possible Frenchy's Brunch	Reg Mashed Potato Bowl^+ (popcorn chicken, frozen corn, mashed potatoes^, chicken gravy & roll^) Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	Reg Chili Cheese Dog (Beef Frank, JTM Bagged Chili w/Beans) Chili Cheeseburger (Beef patty & JTM Bagged Chili w/Beans)
	GF Choose from daily options	GF Walking Turkey Tacos w/Mexican Rice	GF Breakfast Sandwich - Use GF Bun+ or GF Bread+ GF French Toast & Sausage	GF GF Chicken Tenders & Mashed Potatoes^ w/CK Gravy and GF Crackers+ Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GF Chili Cheese Dog on GF Hot Dog Bun Chili Cheeseburger on GF Hamburger Bun
	DF-LI Chicken Potstickers w/Rice	DF-LI Turkey Taco Filling w/Scoops & Mexican Rice (lettuce & tomato side)	DF-LI Breakfast Sandwich - No Cheese French Toast & Sausage	DF-LI Mashed Potato Bowl^ Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	DF-LI Chili Dog (No cheese) Chili Burger (No cheese)
	GDFD-LI Choose from daily options	GDFD-LI Turkey Taco Filling w/Scoops & Mexican Rice (lettuce & tomato side)	GDFD-LI Breakfast Sandwich - Use GF Bun+ or GF Bread+, no cheese GF French Toast & Sausage	GDFD-LI GF Chicken Tenders, Corn & Mashed Potatoes^ w/CK Gravy and GF Crackers Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GDFD-LI Chili Dog on GF Hot Dog Bun Chili Burger on GF Hamburger Bun
	DFFEF Chicken Potstickers w/Rice	DFFEF Turkey Taco Filling w/Scoops & Mexican Rice	DFFEF Choose from daily options <div style="border: 1px dashed black; padding: 2px;">Note-Breakfast Sandwiches, no cheese, on English Muffin or Reg Bun ok for DF Allergy</div> Note - Croissants have milk/milk derivatives	DFFEF Popcorn Chicken & Corn w/Graham Cracker, Honey Bear Cracker or Scoops <div style="border: 1px dashed black; padding: 2px;">Note- Mashed Potatoes & Gravy ok for kids with GF &/or EF allergy</div> Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	DFFEF Chili Dog (No cheese) Chili Burger (No cheese) <div style="border: 1px dashed black; padding: 2px;">MAKE SURE chili Beans are JTM bagged chili. Canned chili not GF</div>
	GDFDFEF Choose from daily options	GDFDFEF Taco Beef Filling w/Scoops (lettuce & tomato side) Choose from daily options	GDFDFEF Choose from daily options	GDFDFEF GF Chicken Tenders, Corn w/Scoops Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GDFDFEF Chili Beans w/Scoops Choose from Daily Option.
Sides	Reg Garlic Green Beans	Reg Green Chili Pinto Beans	Reg Hash Browns	Reg Hot Corn	Reg Power-Up Chickpeas Salad
	GF Garlic Green Beans	GF Green Chili Pinto Beans	GF Hash Browns	GF Hot Corn	GF Power-Up Chickpeas Salad
	Other Garlic Green Beans	Other Green Chili Pinto Beans	Other No for Corn Allergy	Other No for Corn Allergy	Other No for EF Allergy (Corn/Soy)
Menu Key	GF Gluten Free	DF-LI Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	GDFD-LI Gluten Free, Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	DFFEF Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredients)	GDFDFEF Gluten Free, Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredient)
	GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg			This Symbol "^" denotes contains milk/milk derivatives	
	GF Crackers may contain milk. Not listed in ingredients but under the disclaimer			This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed.	
	GDFDFEF Grain: Scoops, GF Pretzel, & GF Tortillas (Corn & Flour) // DFFEF Grains: Scoops, Graham Cracker, Scooby Doo, Tortillas			This Symbol "+" denotes contains eggs/egg products	
Dairy Free (DF) MMA Options: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup			Students can bring in non-dairy milk from home for dry cereal		

**NOTE: Canned Chili will not be Gluten Free. The JTM Chili w/beans (in a bag) will be gluten free. Please check prior to serving/ordering.

Special Diet Elementary Menu 2023-2024

October 9 - October 13

	Monday	Tuesday	Wednesday*	Thursday	Friday	
	9	10	11	12	13	
LUNCH <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p style="text-align: center; font-size: 1.2em;">No School Labor Day</p> </div>		Reg Beef Soft Tacos w/Mexican Rice Shredded Lettuce, Salsa GF Beef Soft Tacos using GF Flour or Corn Tortillas w/Mexican Rice Taco Filling (Beef) w/Cheese w/Scoops & Mexican Rice DF-LI Beef Soft Taco (no cheese) w/Mexican Rice Taco Filling (Beef, no cheese) w/Scoops & Mexican Rice GFDF-LI Beef Soft Tacos (no cheese) using GF Flour or Corn Tortillas w/Mexican Rice Taco Filling (Beef, no cheese) w/Scoops & Mexican Rice DFEF Beef Soft Taco (no cheese) w/Mexican Rice Taco Filling (Beef, no cheese) w/Scoops & Mexican Rice GFDFEF Beef Soft Tacos (no cheese) using GF Flour or Corn Tortillas w/Mexican Rice Taco Filling (Beef) w/Scoops & Mexican Rice	Reg Brunch at Lunch - Breakfast Sandwich Breakfast Burritos GF Breakfast Sandwich on GF Bun (choices vary between schools. Talk to manager) Breakfast Burritos in a GF Flour Tortilla DF-LI Breakfast Sandwich (no cheese; see above) Breakfast Burritos (no cheese) GFDF-LI Breakfast Sandwich on GF Bun (no cheese; see above) Breakfast Burritos (no cheese) in a GF Flour Tortilla DFEF Choose from daily options GFDFEF Choose from daily options	Reg Mashed Potato Bowl^+ (popcorn chicken, frozen corn, mashed potatoes^, chicken gravy & roll^) Fajita Chicken Hummus Wrap GF GF Chicken Tenders & Mashed Potatoes w/CK Gravy and GF Crackers Fajita Chicken Hummus Wrap in GF Flour Tortilla DF-LI Mashed Potato Bowl^ Fajita Chicken Hummus Wrap (no cheese) GFDF-LI GF Chicken Tenders, Corn & Mashed Potatoes^ w/CK Gravy and GF Crackers Fajita Chicken Hummus Wrap (no cheese) in GF Flour Tortilla DFEF Popcorn Chicken & Corn w/Roll Note- Mashed Potatoes & Gravy ok if only EF allergy Fajita Chicken Hummus Wrap (no cheese) GFDFEF GF Chicken Tenders, Corn w/Scoops or GF Pretzels Note- Mashed Potatoes & Gravy ok w/GF & EF allergy Fajita Chicken Hummus Wrap (no cheese) in GF Flour Tortilla	Reg Mac & Cheese (reg or w/bacon) Western Bacon Cheeseburger GF Bacon Cheeseburger on GF Bun (no onion ring) (Lettuce & Tomato Available) DF-LI Western Bacon Burger (no cheese) GFDF-LI Bacon Burger on GF Bun (no cheese, no onion ring) (Lettuce & Tomato Available) DFEF Bacon Burger (no cheese, no onion ring) (Lettuce & Tomato Available) GFDFEF Choose from daily options	
		Reg Zesty Kidney Bean Salad GF Zesty Kidney Bean Salad All others Zesty Kidney Bean Salad (No salt for Corn Free allergy)	Reg Tater Tots GF Tater Tots All others Tater Tots no for Soy/Corn others	Reg Hot Corn GF Hot Corn All others Hot Corn	Reg Bulk Garden Salad GF Bulk Garden Salad All others Bulk Garden Salad (no cheese)	
		GF Gluten Free DF-LI Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	GFDF-LI Gluten Free, Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	DFEF Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredients)	GFDFEF Gluten Free, Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredient)	
		GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg GF Crackers may contain milk. Not listed in ingredients but under the disclaimer GFDFEF Grain: Scoops, GF Pretzel, & GF Tortillas (Corn & Flour) // DFEF Grains: Scoops, Graham Cracker, Scooby Doo, Tortillas Dairy Free (DF) MMA Options: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup			This Symbol "^" denotes contains milk/milk derivatives This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed. This Symbol "+" denotes contains eggs/egg products Students can bring in non-dairy milk from home for dry cereal	

* Wednesday choice can either be a breakfast sandwich or alternate entrée listed. Talk to you manager about what choice they have.

**NOTE: Canned Chili will not be Gluten Free. The JTM Chili w/beans (in a bag) will be gluten free. Please check prior to serving/ordering.

Special Diet Elementary Menu 2023-2024

October 16 - October 20

	Monday 16	Tuesday 17	Wednesday* 18	Thursday 19	Friday 20
Lunch	Reg Teriyaki Chicken w/Rice	Reg Turkey Taco Nacho Shredded Lettuce & Salsa	Reg Brunch at Lunch - Breakfast Sandwich Brunch at Lunch - Pancakes, Eggs & Bacon	Reg Mashed Potato Bowl^+ (popcorn chicken, frozen corn, mashed potatoes^, chicken gravy & roll^) Popcorn Chicken Salad w/Roll^	Reg Chicken Alfredo Penne Pasta Italian Chicken Sandwich
	GF Choose from daily options Mesquite Chicken w/Rice, Scoops or GF Pretzels	GF Turkey Taco Nacho	GF Breakfast Sandwich on GF Bun (choices vary between schools. Talk to manager) GF Muffin, Eggs & Bacon	GF GF Chicken Tenders & Mashed Potatoes w/CK Gravy and GF Crackers GF Chicken Tender Salad w/Scoops, GF Pretzel/Crackers	GF Italian Chicken Sandwich (Sub Grilled Chicken or GF Chicken Tenders) on GF Bun WHEN AVAILABLE, TBD: GF Pasta w/Chicken Alfredo
	DF-LI Teriyaki Chicken w/Rice	DF-LI Turkey Taco Meat & Chips (Corn chips or Scoops) Can use Flour/Corn Tortilla	DF-LI Breakfast Sandwich (no cheese; see above) Pancakes, Eggs & Bacon	DF-LI Popcorn Chicken Salad (no cheese) w/Roll^ Mashed Potato Bowl^	DF-LI Italian Chicken Sandwich (no cheese)
	GFDF-LI Choose from daily options Mesquite Chicken w/Rice, Scoops or GF Pretzels	GFDF-LI Turkey Taco Filling (no Cheese) & Scoops or can use GF tortilla (flour or corn)	GFDF-LI Breakfast Sandwich on GF Bun or GF English Muffin (no cheese; see above) GF Muffin, Eggs & Bacon	GFDF-LI GF Chicken Tenders, Corn & Mashed Potatoes^ w/CK Gravy and GF Crackers GF Chick. Tend. Salad (no cheese) w/Scoops, GF Pretzel/Crackers	GFDF-LI Italian Chicken Sandwich (no cheese, sub Grilled Chicken or GF Chicken Tenders) on GF Bun
	DFEF Teriyaki Chicken w/Rice	DFEF Turkey Taco Filling (no Cheese) & Scoops or can use GF tortilla (flour or corn)	DFEF Choose from daily options	DFEF Popcorn Chicken & Corn w/Scoops, Graham Cracker or Scooby Cracker Popcorn Chicken Salad (no cheese) w/DFEF Grains	DFEF Italian Chicken Sandwich (no cheese)
	GFDFEF Choose from daily options Mesquite Chicken w/Rice, Scoops or GF Pretzels	GFDFEF Turkey Taco Filling (no Cheese) & Scoops, GF Flour or Corn Tortilla,	GFDFEF Choose from daily options	GFDFEF GF Chicken Tenders, Corn w/Scoops Note- Mashed Potatoes & Gravy ok for kids with GF &/or EF allergy GF Chicken Tender Salad (no cheese) w/Scoops, GF Pretzel/Crackers	GFDFEF GF Chicken Tenders w/Scoops or GF Pretzel. Can ask for cup of marinara sauce for dipping.
Sides	Reg Roasted Parmesan Broccoli	Reg Refried Beans & Mexican Rice (optional)	Reg Hash Browns	Reg Hot Corn	Reg Caesar Salad
	GF Roasted Parmesan Broccoli	GF Refried Beans & Mexican Rice (optional)	GF Hash Browns	GF Hot Corn	GF Caesar Salad (no croutons)
	All others Roasted Parmesan Broccoli	All others Refried Beans & Mexican Rice (optional)	All others Hash Browns (No for Corn/Soy Allergies)	All others No for Corn Allergy	All others No Caesar Salad for EF & DF Allergy)
Menu Key	GF Gluten Free	DF-LI Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	GFDF-LI Gluten Free, Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	DFEF Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredients)	GFDFEF Gluten Free, Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredient)
	GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg			This Symbol "^" denotes contains milk/milk derivatives	
	GF Crackers may contain milk. Not listed in ingredients but under the disclaimer			This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed.	
	GFDFEF Grain: Scoops, GF Pretzel, & GF Tortillas (Corn & Flour) // DFEF Grains: Scoops, Graham Cracker, Scooby Doo, Tortillas			This Symbol "+" denotes contains eggs/egg products	
Dairy Free (DF) MMA Options: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup			Students can bring in non-dairy milk from home for dry cereal		

* Wednesday choice can either be a breakfast sandwich or alternate entrée listed. Talk to you manager about what choice they have.

**NOTE: Canned Chili will not be Gluten Free. The JTM Chili w/beans (in a bag) will be gluten free. Please check prior to serving/ordering.

Special Diet Elementary Menu 2023-2024

October 23 - October 27

	Monday	Tuesday	Wednesday*	Thursday	Friday
	23	24	25	26	27
LUNCH	Reg Orange Chicken+ w/Brown Rice	Reg Mexi Combo (Chicken Fajita Tacos & Bean & Cheese Chalupa) Mexican Rice optional. If no Chalupa or Pupusa, needs rice or another tortilla	Reg Brunch at Lunch - Breakfast Sandwich Brunch at Lunch - Omelet & Biscuit w/Sausage Link	Reg Mashed Potato Bowl^+ (popcorn chicken, frozen corn, Southwest Chicken Wrap)	Reg Chicken & Waffles^+ Clux Deluxe (whole Muscle Breaded Chicken)
	GF GF Chicken Tenders w/Scoops, GF Pretzels or GF Crackers ranch, ketchup, and BBQ sauce available	GF GF Chicken Fajita Taco (GF Flour or Corn Tortilla) & Bean and Cheese <u>Pupusa</u>	GF Breakfast Sandwich on GF Bun (choices vary between schools. Talk to manager) Omelet w/Sausage Link & GF Toast (can use Butter Spray)	GF GF Chicken Tenders & Mashed Potatoes w/CK Gravy and GF Crackers Southwest Chicken Wrap in GF Flour Tortilla	GF GF Chicken Tenders & 1/2 GF Muffin+ Mesquite Drumstick & 1/2 GF Muffin+
	DF-LI Orange Chicken+ w/Brown Rice	DF-LI Chicken Fajita Tacos (no cheese) w/Mexican Rice	DF-LI Breakfast Sandwich (no cheese; see above) Omelet & Biscuit w/Sausage Link	DF-LI Mashed Potato Bowl^ Southwest Chicken Wrap (no cheese)	DF-LI Chicken & Waffles^+ Clux Deluxe (whole Muscle Breaded Chicken)
	GFDF-LI GF Chicken Tenders w/Scoops, GF Pretzels or GF Crackers ranch, ketchup, and BBQ sauce available	GFDF-LI GF Chicken Fajita Taco (GF Flour or Corn Tortilla) w/Mexican Rice	GFDF-LI Breakfast Sandwich on GF Bun or GF English Muffin (no Omelet w/Sausage Link & GF Toast (can use Butter Spray)	GFDF-LI GF Chicken Tenders, Corn & Mashed Potatoes^ w/CK Southwest Chicken Wrap (no cheese) in GF Flour Tortilla	GFDF-LI GF Chicken Tenders & 1/2 GF Muffin+ Mesquite Drumstick & 1/2 GF Muffin+
	DFEF Popcorn Chicken w/Brown Rice w/Orange Sauce (REMEMBER: set aside orange sauce) Note- Orange Chicken+ ok for kids with only DF allergy	DFEF Chicken Fajita Tacos (no cheese) w/Mexican Rice	DFEF Choose from daily options Turkey Sausage & Biscuit ok for only EF Allergy	DFEF Popcorn Chicken & Corn w/Roll Note- Mashed Potatoes & Gravy ok if only Southwest Chicken Wrap (no cheese)	DFEF Chicken w/Scoops (Breaded or Mesquite Glazed) Clux Deluxe (whole Muscle Breaded Chicken)
	GFDFEF GF Chicken Tenders w/Scoops or GF Pretzels ranch, ketchup, and BBQ sauce available to student	GFDFEF GF Chicken Fajita Taco (GF Flour or Corn Tortilla) w/Mexican Rice *NOTE* Optional: Mexican Rice (Salsa Based - Some school may not prepare this)	GFDFEF Choose from daily options	GFDFEF GF Chicken Tenders, Corn w/Scoops or GF Pretzels Note- Mashed Potatoes & Gravy ok w/GF & EF allergy Southwest Chicken Wrap (no cheese) in GF Flour Tortilla	GFDFEF GF Chicken Tenders w/Scoops (ketchup & BBQ sauce available) Mesquite Drumstick & Scoops
SIDES	Reg Edamame	Reg Corn & Black Bean Salad	Reg Tater Tots	Reg Hot Corn	Reg Bulk Southwest Salad
	GF Edamame	GF Corn & Black Bean Salad	GF Tater Tots	GF Hot Corn	GF Bulk Southwest Salad
	Others No for Soy Allergy	Others No for Corn Allergy	Others No for Corn/Soy Allergy	All others No for Corn Allergy	All others No for Corn Allergy
Menu Key	GF Gluten Free	DF-LI Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	GFDF-LI Gluten Free, Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	DFEF Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredients)	GFDFEF Gluten Free, Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredient)
	GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg			This Symbol "^" denotes contains milk/milk derivatives	
	GF Crackers may contain milk. Not listed in ingredients but under the disclaimer			This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed.	
	GFDFEF Grain: Scoops, GF Pretzel, & GF Tortillas (Corn & Flour) // DFEF Grains: Scoops, Graham Cracker, Scooby Doo, Tortillas			This Symbol "+" denotes contains eggs/egg products	
Dairy Free (DF) MMA Options: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup			Students can bring in non-dairy milk from home for dry cereal		

* Wednesday choice can either be a breakfast sandwich or alternate entrée listed. Talk to you manager about what choice they have.

**NOTE: Canned Chili will not be Gluten Free. The JTM Chili w/beans (in a bag) will be gluten free. Please check prior to serving/ordering.

Special Diet Elementary Menu 2023-2024

October 30 - November 4

	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1	2	3
Lunch	Reg Chicken Potstickers w/Rice	Reg Walking Turkey Tacos w/Mexican Rice	Reg Possible Breakfast Sandwich Possible Frenchy's Brunch	Reg Mashed Potato Bowl^+ (popcorn chicken, frozen corn, mashed potatoes^, chicken gravy & roll^) Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	Reg Homemade Chili - Turkey Taco Meat or Vegetarian Chicken Cordon Bleu Sandwich
	GF Choose from daily options	GF Walking Turkey Tacos w/Mexican Rice	GF Breakfast Sandwich - Use GF Bun+ or GF Bread+ GF French Toast & Sausage	GF GF Chicken Tenders & Mashed Potatoes^ w/CK Gravy and GF Crackers+ Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GF Homemade Chili - Turkey Taco Meat or Vegetarian GF Chicken Cordon Bleu Sandwich (GF Chicken Tenders & GF Bun)
	DF-LI Chicken Potstickers w/Rice	DF-LI Turkey Taco Filling w/Scoops & Mexican Rice (lettuce & tomato side)	DF-LI Breakfast Sandwich - No Cheese French Toast & Sausage	DF-LI Mashed Potato Bowl^ Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	DF-LI Homemade Chili - Turkey Taco Meat or Vegetarian (no cheese) Chicken Sandwich (can add ham & honey mustard if desired)
	GDFD-LI Choose from daily options	GDFD-LI Turkey Taco Filling w/Scoops & Mexican Rice (lettuce & tomato side)	GDFD-LI Breakfast Sandwich - Use GF Bun+ or GF Bread+, no cheese GF French Toast & Sausage	GDFD-LI GF Chicken Tenders, Corn & Mashed Potatoes^ w/CK Gravy and GF Crackers Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GDFD-LI Homemade Chili - Turkey Taco Meat or Vegetarian (no cheese) GF Chicken Cordon Bleu Sandwich (GF Chicken Tenders & GF Bun, no cheese)
	DFF Chicken Potstickers w/Rice	DFF Turkey Taco Filling w/Scoops & Mexican Rice	DFF <div style="border: 1px dashed black; padding: 2px;">Note-Breakfast Sandwiches, no cheese, on English Muffin or Reg Bun ok for DF Allergy</div> Choose from daily options Note - Croissants have milk/milk derivatives	DFF Popcorn Chicken & Corn w/Graham Cracker, Honey Bear Cracker or Scoops <div style="border: 1px dashed black; padding: 2px;">Note- Mashed Potatoes & Gravy ok for kids with GF &/or EF allergy</div> Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	DFF Homemade Chili - Turkey Taco Meat or Vegetarian (no cheese) Chicken Sandwich (no cheese, no honey mustard) <div style="border: 1px dashed black; padding: 2px;">Note - Honey mustard ok for DF allergy & Cheese ok for EF allergy</div>
GDFDFEF Choose from daily options	GDFDFEF Taco Beef Filling w/Scoops (lettuce & tomato side) Choose from daily options	GDFDFEF Choose from daily options	GDFDFEF GF Chicken Tenders, Corn w/Scoops Strawberry Chicken Spinach Salad w/Raspberry Vinaigrette	GDFDFEF Homemade Chili - Turkey Taco Meat or Vegetarian (no cheese) GF Tenders w/Scoops Choose from daily options	
Sides	Reg Garlic Green Beans	Reg Green Chili Pinto Beans	Reg Hash Browns	Reg Hot Corn	Reg Corn Bread Loaf & Caesar Salad
	GF Garlic Green Beans	GF Green Chili Pinto Beans	GF Hash Browns	GF Hot Corn	GF Caesar Salad (no croutons)
	Other Garlic Green Beans	Other Green Chili Pinto Beans	Other No for Corn Allergy	Other No for Corn Allergy	Other F&V Bar
Menu Key	GF Gluten Free	DF-LI Dairy Free Lactose Intolerance	GDFD-LI Gluten Free, Dairy Free Lactose Intolerance (no cheese, no yogurt, no milk)	DFF Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredients)	GDFDFEF Gluten Free, Dairy Free, Egg Free (no dairy/milk derivatives or egg ingredient)
	GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg			This Symbol "^" denotes contains milk/milk derivatives	
	GF Crackers may contain milk. Not listed in ingredients but under the disclaimer			This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed.	
	GDFDFEF Grain: Scoops, GF Pretzel, & GF Tortillas (Corn & Flour) // DFF Grains: Scoops, Graham Cracker, Scooby Doo, Tortillas			This Symbol "+" denotes contains eggs/egg products	
Dairy Free (DF) MMA Options: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup			Students can bring in non-dairy milk from home for dry cereal		

**NOTE: Canned Chili will not be Gluten Free. The JTM Chili w/beans (in a bag) will be gluten free. Please check prior to serving/ordering.