



May/June 2025 Menu

Breakfast & Lunch



Memorial Day
Sites Closed

26

Breakfast:
Cinni Minis, Orange

Lunch
Orange Chicken w/Rice
Garlic Roasted Broccoli & Pears

27

Breakfast:
Breakfast Burrito, Pears

Lunch
Hamburgers/Cheeseburgers
Fries & Frozen Peach Cup

28

Breakfast:
Pancakes, Frozen Peach Cup

Lunch
Pizza (Cheese & Pepperoni)
Caesar Salad & Mixed Fruit

29

Breakfast:
Breakfast Bread Slice, Mixed Fruit

Lunch
Turkey Ham & Cheese
Croissant Sandwich
Cucumbers & Craisins

30

2

Breakfast:
Benefit Bar, Mixed Fruit

Lunch
Cheese Quesadilla
Refried Beans & Apple

3

Breakfast:
French Toast Sticks, Apple

Lunch
Penne Pasta & Meatballs
w/Texas Toast
Bell Peppers & Peaches

4

Breakfast:
Sausage, Egg & Cheese
Croissant, Diced Peaches

Lunch
Bean & Cheese Burrito
Mexicali Corn & Frozen
Strawberry Cup

5

Breakfast:
Pancake on a Stick, Frozen
Strawberry Cup

Lunch
Chicken Nuggets
Cucumber Slices & Applesauce

6

Breakfast:
Muffin & Yogurt, Applesauce

Lunch
Build-A-Pizza
Baby Carrots & Pears

9

Breakfast:
Mini Waffles, Applesauce

Lunch
Pull Apart Cheesy Bread
Garlic Green Beans & Oranges

10

Breakfast:
Cinni Minis, Oranges

Lunch
Orange Chicken w/Rice
Garlic Roasted Broccoli & Pears

11

Breakfast:
Breakfast Burrito, Pears

Lunch
Hamburgers/Cheeseburgers
Fries & Frozen Peach Cup

12

Breakfast:
Pancakes, Frozen Peach Cup

Lunch
Pizza (Cheese & Pepperoni)
Caesar Salad & Mixed Fruit

13

Breakfast:
Breakfast Bread Slice, Mixed Fruit

Lunch
Turkey Ham & Cheese
Croissant Sandwich
Cucumbers & Craisins

16

Breakfast:
Benefit Bar, Mixed Fruit

Lunch
Cheese Quesadilla
Refried Beans & Apples

17

Breakfast:
French Toast Sticks, Apples

Lunch
Penne Pasta & Meatballs
w/Texas Toast
Bell Peppers & Peaches

18

Breakfast:
Sausage, Egg & Cheese
Croissant, Peaches

Lunch
Bean & Cheese Burrito
Mexicali Corn & Frozen
Strawberry Cup

19

Breakfast:
Pancake on a Stick, Frozen
Strawberry Cup

Lunch
Chicken Nuggets
Cucumber Slices & Applesauce

Select Schools Closed

20

Breakfast:
Muffin & Yogurt, Applesauce

Lunch
Build-A-Pizza
Baby Carrots & Pears

23

Breakfast:
Mini Waffles, Applesauce

Lunch
Pull Apart Cheesy Bread
Garlic Green Beans & Oranges

24

Breakfast:
Cinni Minis, Oranges

Lunch
Orange Chicken w/Rice
Garlic Roasted Broccoli & Pears

25

Breakfast:
Breakfast Burrito, Pears

Lunch
Hamburgers/Cheeseburgers
Fries & Frozen Peach Cup

26

Breakfast:
Pancakes, Frozen Peach Cup

Lunch
Pizza (Cheese & Pepperoni)
Caesar Salad & Mixed Fruit

27

Breakfast:
Breakfast Bread Slice, Mixed Fruit

Lunch
Turkey Ham & Cheese
Croissant Sandwich
Cucumbers & Craisins

Juneteenth

Note: June 30th Menu Selection on July's Menu

Visit www.peoriaunified.org
for a list of sites, days & times
offering Free Summer Meals!

Monday - Friday

Sites Open May 27th - June 30th

Alta Loma Oasis Sundance

Sites Open May 29th - June 30th

Desert Valley Foothills

Monday - Thursday

Sites Open June 2nd - June 26th

Canyon

Copperwood

Cotton Boll

Heritage

Ira Murphy

Peoria Elem.

Pioneer

Santa Fe

Sky View

Sun Valley

Kellis H.S.

Peoria H.S.

Marshall Ranch (Breakfast Only)

One Week Only: June 2nd - June 5th

Country Meadows

Sahvaro Ranch

Daily Breakfast includes milk (white or chocolate), listed entrée or cereal w/graham cracker, fruit, & fruit juice.

Daily Lunch includes milk (white or chocolate), listed entrée or manager's choice entrée, fruit, & vegetable.

Due to supply chain disruptions, substitutions may be made without notice.

Peanut butter not served at summer camp

= Vegetarian Option

Sausage is Turkey Based

This institution is an equal opportunity provider.

@PUSDFeedsDreams



Last Updated: 5/13/25

May/June 2025 - Carb Counts (Hot Breakfast)

Achiev. Academy, Kinder Jumpstart, & KidZone

Week 1 & 3 (June 2-6 & June 16-20)

Breakfast:

Benefit Bar

Banana Choc: 47g
French Toast: 47g
Oatmeal Choc: 47g

Mixed Fruit

#10 Can: 17g

Lunch

Quesadilla: 27g

WW 10" tortilla: 27g
WH Shrd Chz: 0g

Refried Beans: 17g

Apple (From DOD)

Red Delicious: 25g
Granny: 25g
Fuji: 14g
Gala: 19g

Breakfast:

French Toast

Stick (BakeCrft): 38g

Syrup: 31g

Apple: See Monday

Lunch

Penne Pasta & Meatballs

w/Tx Toast: 67g

Penne: 42g
Meatballs: 2g
Marinara: ~12g (per 1/2c)
Garlic Tx Toast: 14g

Bell Pepper: 18567

Peaches

#10 Can Diced: 14g
DOD Fresh: 11g
SH Fresh: 11g

Breakfast:

Sausage, Egg & Chz

Croissant: 31g (total)

Egg Patty: 1g
Trky Sausage: 0g
Am. Chz: 2g
Croissant: 29g

Peaches

#10 Can Diced: 14g
DOD Fresh: 11g
SH Fresh: 11g

Lunch

Bn & Chz Burrito: 41g

Mexicali Corn: 16g

Corn: 16g
Mult. Spice (See Recipe)
Frzn Straw. Cup: 22g

Breakfast:

Pancake on a Stick: 17g

Syrup: 31g

Frzn Straw. Cup: 22g

Lunch

Chicken Nuggets: 16g

Cucumber: 1.5g

Applesauce

#10 Can: 14g

Breakfast:

Muffin: See Right

Yogurt: See Right

Applesauce: 14g

Lunch

Build-A-Pizza: 35g

Loco Bread: 26g
Mozz. Cheese: 1g
Marinara Cup: 7g
Pepperoni: 0g
Turkey Pep.: 1g

Carrots (Use DOD)

Indv. Bag: 8g
Bulk: 5g

Pears:

#10 Can Diced: 14g
DOD Fresh: 15g
SH Fresh: 15g



Cereal

Cinnamon Toast Crunch: 22g

Cheerios: 20g

Rice Chex: 24g

Cocoa Puffs: 25g

Apple Jack: 24g

Lucky Charms: 23g

Trix: 24g

Froot Loops: 24g

Yogurt

Yogurt, Strawberry: 20g

Yogurt, Strawberry Banana: 14g

Yogurt, Vanilla: 14g

Juice (4.23oz)

Juice, Apple: 14g

Juice, Fruit Punch: 15g

Juice, Orange Tangerine: 15g

Juice, Very Berry: 17g

Craisins

Craisin, Strawberry: 27g

Craisin, Orange: 28g

Craisin, Cherry: 28g

Craisin, Raspberry Lemonade: 27g

Otis Muffins

Muffin, Otis BB: 29.5g

Muffin, Otis Banana: 30g

Muffin, Otis Dbl Choc. Chip: 33g

Muffin, Otis Apple Cinn: 35g

Beef Patties:

SH: 0g

WH Ground Beef: 0g

@PUSDFeedsDreams



Last Updated: 5/05/25

Pre-Program Week (May 26-30) and Week 2 & 4 (June 9-13 & June 23-27)

Breakfast:

Mini Waffles

Eggo Mini Maple: 31105
Syrup: 22129

Applesauce

#10 Can: 14g

Lunch

Pull Aparts: 29g

Marinara: 7g
Green Beans: 3g
Garlic Powder: 0g

Orange: 12g

Breakfast:

Cinni Minis: 39g

Orange: 12g

Lunch

Orange Chicken w/Rice

63g
Yangs Chicken: 19g
Rice: 22g (1/2c); 44g (1c)

Garlic Rstd Broccoli: 6g

Parmesan Cheez: 0g
SH Broccoli: 3g
DOD Broccoli: 3g

Pears:

#10 Can Diced: 14g
DOD Fresh: 15g
SH Fresh: 15g

Breakfast:

Breakfast Burrito

Pre-made Egg/Chz: 23g
Recipe w/Bacon: 37.5g
Tortilla: 27g / Egg: 1g
Shred Cheese: 0g
Tater Gem: ~8g
Bacon: 1g

Pears:

#10 Can Diced: 14g
DOD/SH Fresh: 15g

Lunch

Hamburger: 26g

Cheeseburger: 27g

Bun: 26g / Beef: See Side
Sliced Cheese: 2g

Frzn Peach Cup: 19g

Fries-Tots: 16g

Breakfast:

Pancakes:

BB Glz: 36g

Frzn Peach Cup: 19g

Lunch

Pizza, Stuff Crst: 35g

Pepperoni: 0g

Caesar Salad: 6g

Parmesan Chz: 0g
Caesar Dressing: 1g
Kale: 1g
Romaine: 2g
Croutons: 4g

Mixed Fruit

#10 Can: 17g

Alt Pancakes:

Bulk: 15g (ea)
Confetti: 36g

Breakfast:

Breakfast Bread

Pumpkin: 44g
Banana: 45g

Mixed Fruit

#10 Can: 17g

Lunch

Turkey Ham & Cheese

Croissant: 32.5g

Croissant: 29g
Cheese: 1g

WH Turkey Ham: 1.5g

Cucumber: 1.5g

Craisins: See Right