# APRIL NEWSLETTER

#### **REMINDERS!**

SENIORS - if you haven't ordered your cap and gown yet, you HAVE to order it through the Josten's Representative and pick it up at their storefront. Josten's Representative: Matthew Hatten (602-765-7227)

JUNIORS - Guidance is hosting a College 101 workshop on April 29 during 2nd period. Students interested in attending a 4 year college will receive a pass to attend the workshop.

**JUNIORS** and **FRESHMEN** are taking the ACT/AzSci April 1 and April 2.

**SENIORS** and **SOPHOMORES** are asynchronous April 1 and April 2. Check Canvas for assignments.

**SUMMER SCHOOL** is only credit recovery. If you failed a core class, talk to your counselor about options about retaking the class through eCampus summer school.

#### **SENIORS!**

Update SchooLinks with:

- College applications
- Enrollment decision

Use these databases for a scholarship search: <u>Phoenix Public Library</u> <u>Maricopa Community Colleges</u>

#### **Upcoming Events**

- April 1 2 : ACT/AzSci
- April 7- 17 : ACT/AzSci
   Makeups
- April 18 : No School
- April 29: College 101
   Workshop (2nd period)

### **Graduation Information**

May 22, 2025 11:30 AM State Farm Stadium

## COLLEGE AND CAREER DECISION DAY

May 1st is College Decision Day!

To start this tradition, CHS is hosting a College and Career Celebration Day for Seniors.

Come to school May 1st:

- representing the college/trade school you plan on attending by wearing their swag
- dressed as the career/occupation you plan on pursuing
- dressed in Military attire or anything representing the Military if you plan on joining

Snacks and treats will be provided for students who come to school representing their future pathway!

This event will take place during 2nd period.

# GCC COLLEGE PREP ADVISING

#### April 7-8, 2025

- Visit campus
- Explore programs
- Connect with Financial Aid
- Discuss first-semester courses



<u>Schedule an appointment</u> with Justin Mattingly-Jones or scan the QR code.

Enrolling at GCC? Here's what you need to bring:

- 1) Something to take notes with
- 2) A form of identification
  - AZ Driver's license or permit, state ID card, passport, Permanent resident card <u>OR</u>
  - High school ID AND birth certificate
- 3) Social Security Number (for federal financial aid and in-state tuition eligibility)
- 4) High school unofficial transcript

# ATHLETES

If you're wanting to play sports at the next level, here are a few helpful suggestions:

- Junior year you need to register for <u>NCAA eligibility</u>, <u>NAIA eligibility</u>, or both depending on your pathway
- Make sure the classes you are taking are NCAA or NAIA approved
- Make sure you are NCAA or NAIA eligible (see eligibility below)

**GRADES MATTER**! If you are getting Ds in **core** classes, you may want to retake them PRIOR to senior year. Talk to your counselor about this.

## ELIGIBILITY REQUIREMENTS

- <u>NCAA</u>
- 16 core classes
- 2.33 core GPA
- <u>10/7 rule</u> 10 of 16 core
- classes completed by 7th
- semester of high school.
- Check that your courses
- are NCAA approved.

#### IMPORTANT!!

- Please make sure the current courses you are taking are NCAA approved.
- Any classes at Peoria Flex Academy are not NCAA approved.

You can only repeat core classes at: 1) Cactus High School (during the school year)

2) Peoria eCampus

#### NAIA

You must meet 2 of 3 requirements

- 18 min ACT OR 970 min SAT
- 2.0 cumulative GPA
- Graduate top 50%

#### Helpful links:

NCAA Next Steps - Interested in Playing College Sports? NCAA Approved Courses List - CEEB Code 030257 NCAA Website NCAA Eligibility Worksheet NCAA Division I Academic Standards NCAA Division II Academic Standards NAIA Website NAIA Eligibility Center NAIA Eligibility Guide

### **CHANCES OF A HIGH SCHOOL ATHLETE COMPETING IN** COLLEGE

### Percentage of high school athletes to college scholarships available\*

Male — Female



11.9% 24.5%







3.4% 3.8%



SOCCER

LACROSSE 12.4% 12.6%

CROSS COUNTRY

5.4% 7.1%

TRACK & FIELD 4.8% 6%

BASEBALL/SOFTBALL 7.1% 5.4%



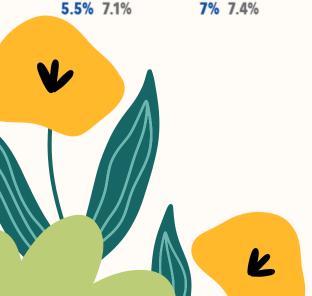
SWIMMING 7% 7.4%

WATER POLO

4.8% 5.6%



VOLLEYBALL 3.5% 3.9%



# COLLEGE RECRUITING

#### 9th Grade

- Make sure you are taking all the necessary core classes
- Get to know coaches and schools you are interested in
- Work hard to keep your grades up
- Start thinking about academic and career goals work with your school counselor

#### 10th Grade

- Keep your grades up
- Talk with your school coaches and express your desires to play at the next level
- Start building a list of colleges you would like to attend
- Play and train at the highest level possible
- Continue conversations with career goals

#### 11th Grade

- Make sure you are on track for your core course requirements
- Realistically assess your athletic skills
- Realistically assess your academic skills
- Refine your list of colleges
- Take the ACT
- Contact each coach of the schools you would like to attend
- Register for NCAA clearing house
- Showcase your athletic talents

#### 12th Grade

- Make sure you are on track to graduate and meet all the Division Requirements
- Update NCAA clearinghouse by sending your transcripts
- Narrow your college choice and talk with collegiate coaches
- Keep in constant contact with each school you are interested in
- Make your final decision based on costs, academics, and athletic ability

#### Academic Questions to Consider

- What kind of school do I qualify for academically?
- What level of athletics do I qualify for?
- What balance of academics, athletics, social life and extracurricular activities do you want?
- What size of school are you interested in?
- Small class size or large campus environment?
- What financial arrangements must be made for you given the costs of various schools?

## **GPA** WHY IS IT SO IMPORTANT?

#### **CORE GPA**

Core GPA includes **ONLY** core classes

English - 4 credits
(English I, II, III, IV)
Math - 4 credits
(Algebra I, Geometry, Algebra II, 4th math class)

• **Social Studies** - 3 credits (World History, AZ/US History, Economics/Government)

• **Science** - 3 credits (Biology, Earth/Space, Chemistry, Physics, Environmental)

• Physical Education - 1 credit

• CTE or Fine Art - 1 credit

Total: 16 credits

#### **CUMULATIVE GPA**

Cumulative GPA includes ALL classes you take, core and electives

Core: 16 credits Electives: 12 credits

You can find your calculated cumulative GPA at the bottom left of your transcript. Please see your counselor if your GPA is missing. GPA Scale A = 4.0 points B = 3.0 points C = 2.0 points D = 1.0 points F = 0.0 points

Your grade point average or GPA is the sum of all your course grades throughout your high school career divided by the total number of credits.

Your CORE GPA is used for university admissions, scholarship opportunities, and merit-based awards. It is based on a 4.0 scale. Peoria Unified School District uses an unweighted GPA system.

The GPA posted on your transcript is your cumulative, not core.

Use your transcript and this <u>GPA</u> <u>calculator</u> to calculate your CORE GPA.

## **KAPLAN ADVISOR**

KapAdvisor is a FREE, virtual AI college admissions counselor

What you get:

- A virtual guidance counselor, college admissions consultant, exam expert, and industry insider, all in one
- Proven SAT and ACT practice questions to help raise your scores, delivered daily
- Personalized AI feedback on your college admissions essay
- Insights on the schools you're interested in, plus your chances of getting accepted

Sign up <u>here</u> for free!

## MICROSOFT COPILOT

Microsoft 365 Copilot is an AI-powered tool that helps with your work tasks. You can download the app straight from your Microsoft 365 account.

Microsoft Copilot can help you:

- Make custom flash cards
- Create practice tests based on flash cards
- Clarify complex concepts

## SCHOLARSHIPS

#### Ford Emerging Scholarships

- Open to any female undergraduate or graduate student attending an accredited college or university in the United States
- Those pursuing a media career as producers, writers, or directors in an area such as cable, television, radio, digital media, publishing, journalism, advertising, production, creative design, or others are especially encouraged to apply
- The selected winner will be given the opportunity to be mentored by an Alliance for Women in Media Board member
- Online Application, Letter of Recommendation, & Proof of Enrollment Required
- Video/Audio Submission & Written Description Required

#### WISH Foundation Arizona Scholarship

- AZ Residents
- Graduating high school seniors
- 2.5 GPA
- Demonstrated financial need through tax infomration
- Enrolled in accredited 4-yr university/ 2-yr community college in Arizona in fall as freshman
- Minimum 40 hours of community service as volunteer in last 2 years
- Several scholarships are available please see website for details
- Cover Letter, Unofficial Transcript, Tax Forms, Proof of Enrollment, & Essay (250-words) Required

## **SCHOLARSHIPS**

#### Naval History Essay Scholarship

- Essay Topic: The Sea Services have a rich history. There is much to be learned from history on multiple fronts—people, battles, strategy, tactics, leadership, values, traditions. While the CNO invites you to write on a naval historical topic of your choice, your essay should relate in some way to establishing and maintaining maritime superiority in today's environment. The essay should provide your readers with a lesson learned from history that can be applied to today.
- Length: 3,000 word maximum (excludes footnotes/endnotes/sources).
- Essay must be original and not previously published

#### The Dr. Mehrdad Shafa Medical Scholarship Foundation

- Enrolled as a full time, residential, non-correspondence student with a major in an allied healthcare field, including nursing and pre-med majors.
- Enrolled in a participating college, university or educational program at the time the scholarship is presented.
- Complete the FAFSA to determine financial need.
- 3.0 minimum GPA
- Meets the State of Arizona and the United States lawful presence requirements.
- Application requirements:
  - Personal Statement
  - Current Academic Transcript
  - Submit three (3) letters of recommendation.
- Students are eligible for up to four (4) years of financial support.

## SCHOLARSHIPS

### Community Comadres 2025 Quinceañera Scholarship

**WHO**: Community Comadres is a local nonprofit that was founded by MIX 96.9 host Priscilla Ornelas. Community Comadres helps women develop personally and professionally through community events to feel heard, seen and safe.

**WHAT**: Applications are now open for the 2025 Community Comadres Quinceañera Scholarship. Three local high school students will be awarded a \$5,000 scholarship each for their postsecondary education. The recipients will be honored during the second annual Community Quinceañera in September. The scholarship was created to alleviate financial challenges for local high school students pursuing higher education.

WHEN: Applications are open through April 18.

**ELIGIBILITY**: The Quinceañera Scholarship is open to Phoenix area students ages 14-17 who intend to pursue a postsecondary education in the U.S. upon completion of high school. Students throughout the Valley who may be experiencing financial hardship and meet the eligibility criteria regardless of abilities or legal status are welcome to apply.

**APPLICATION LINK** 

## TAKE COLLEGE CLASSES AT ASU

#### What is ASU's Universal Pathways?

Universal Pathways allows you to jumpstart your path to higher education through Universal Learner Courses (ULCs) – an affordable, low-risk way to earn college credit at your own pace. The following programs let you take first and second year ASU courses for college credit. Only pay to add them to your transcript if you're satisfied with your grade.

#### Who can take Universal Learner Courses?

Universal Learner Courses are specifically designed for those who haven't yet enrolled at ASU but are interested in taking ASU courses and earning college credits. Select the category below that best describes you.

#### How does it work?

 Get Set Up Register online and log in to the learner portal.
 Sign Up For Courses Select courses. Verify your identity. Pay \$25 per course to start.
 Take Course Start learning! Take exams. Earn your grade.
 Get Credit Like your grade? Pay \$400 to add it to your transcript for college credit. Don't like your grade? Try again until you do.

Click <u>here</u> for more info.

#### Interested in getting ahead?

Through Universal Pathways, **you can earn high school credit** for your senior English class (English IV).

You must take English 101 and 102, pass the class, and submit your transcript to Guidance.

Talk to your counselor first!

### **Chart Your Future in Business**

Rising Leaders is a residential pre-college program for high school students graduating in 2026, delivered by the highly ranked W. P. Carey School of Business at Arizona State University.

Join us to experience life at ASU, identify relevant business careers, and discover the many opportunities available to our business students.

You'll be glad you did!

- Live on campus for six days and five nights in our residential business community
- Earn college credit by completing the program
- Dive into 30+ degree options and different discipline areas, such as entrepreneurship, finance, real estate, and artificial intelligence in business
- Participate in hands-on learning activities, including an applied project
- Get to know future classmates, faculty, and staff

#### Register to join us

Spots will fill quickly — sign up today! Early consideration: **February 15** Regular consideration: **March 15** Late consideration: **April 1** 



### INSPIRE

**INSPIRE** is a no-cost, week-long college readiness program designed for Indigenous high school students from various Tribal representations. Students will develop academic, career and personal success tools through culturally relevant and project based learning while interacting with ASU's Indigenous students, staff and faculty.

**Eligibility** Open to students entering grades 9th–12th in Fall 2025

**Program Fee** No program fees required.

**Program Dates** June 14–June 21, 2025

Apply eoss.asu.edu/access/programs/summer/inspire

For more information sahmie.joshevama@asu.edu

### **Barret Summer Scholars**

**Barret Summer Scholars** is a week-long residential 2025 summer enrichment program designed for academically talented and motivated students entering grades 9th–12th beginning in Fall 2025. Participants engage in an honors course and an elective taught by university faculty to prepare them for enrollment and success at ASU and Barrett, the Honors College.

#### Eligibility

Open to students entering grades 9th–12th in Fall 2025. Academically motivated and/ or high-achieving students are encouraged to apply. While there is no minimum GPA required, eligible students should demonstrate a cumulative GPA of 2.7 or higher (except for students entering 9th grade in Fall 2025).

#### **Program Dates**

9th grade Tempe Campus (Tempe) June 1–4, 2025 10th grade Downtown Campus (Phoenix) June 8–11, 2025 11th grade West Valley Campus (Glendale) June 15–18, 2025 12th grade Polytechnic Campus (Mesa) June 22–25, 2025

#### Program Fee

\$1,000 per participant, including a \$50 non-refundable registration fee. Payment is required upon program acceptance. Need-based scholarships are offered.

Apply <u>eoss.asu.edu/bss</u>

### **Future Doctor's Institute**

The **Future Doctors Institute** designed for rising high school seniors with aspirations of attending medical school.

- Examine critical disciplines, including biology, chemistry, healthcare innovation, and persuasive speaking skills.
- Connect with expert instructors, participate in hands-on activities, and gain valuable insights into the medical field.

Whether you're eager to explore the science behind medicine or sharpen your communication skills, Future Doctors Institute is the perfect launchpad for your future medical career. Prepare to learn, connect, and inspire your journey toward becoming a healthcare professional!

#### Date

Monday June 9 - Thursday June 12

#### Grade

**Rising high school seniors** 

#### Location

ASU West Valley Campus 4701 W Thunderbird Rd, Glendale, AZ 85306

#### Cost

\$469 including \$50 non-refundable registration fee \*If selected to attend camp the \$50 non refundable registration fee will be applied to total cost. No money is required until student is selected to attend.\*

#### <u>Click here to RSVP!</u>

### **Forensic Science Institute**

Uncover the mysteries of forensic science at **Forensic Science Institute**, a thrilling 4-day experience designed for rising high school seniors aiming for a career in forensic science.

- Dive into engaging topics like crime scene investigation, forensic techniques, and evidence analysis while honing your public speaking skills.
- Participate in hands-on activities, explore real-life case studies, and interact with industry professionals to gain a deeper understanding of this exciting field.

Forensic Science Institute is your gateway to the world of forensic science, offering insight, inspiration, and practical experience for your academic and career ambitions.

#### Date

Monday June 9 - Thursday June 5

#### Grade

Rising high school seniors

#### Location

ASU West Valley Campus 4701 W Thunderbird Rd, Glendale, AZ 85306

#### Cost

\$469 including \$50 non-refundable registration fee \*If selected to attend camp the \$50 non refundable registration fee will be applied to total cost. No money is required until student is selected to attend.\*

#### Click here to RSVP!

### **Future Lawyer's Institute**

Step into the world of law with the **Future Lawyers Institute**, a comprehensive 4day program tailored for rising high school seniors who are considering law school after their undergraduate studies.

- Explore foundational legal concepts
- Delve into the nuances of mental health in the legal field
- Refine your public speaking abilities through interactive workshops and expert-led sessions
- Engage with seasoned legal professionals, law school students, and build essential skills for a successful career in law

Future Lawyers Institute is your gateway to a future in law, offering both insight and inspiration for the next generation of legal minds.

#### Date

Option 1: Monday June 2 - Thursday June 5 Option 2: Monday June 9 - Thursday June 12

#### Grade

Rising high school seniors

#### Location

ASU West Valley Campus 4701 W Thunderbird Rd, Glendale, AZ 85306

#### Cost

The West Valley Camps are proudly presented by Rafi Law Group, which has generously provided full scholarships for all selected students. Each scholarship covers the total cost of attendance, valued at \$469 per student.

\*If selected, students must submit a refundable \$50 deposit to secure their spot. This deposit will be fully refunded upon the student's successful completion of the entire camp.\*

#### <u>Click here to RSVP!</u>

### **RISE Summer Leadership Institute**

A residential career and college readiness program for students entering their junior or senior year in Fall 2025. The program focuses on leadership, college preparation, career exploration, and community engagement. Students will participate in workshops and interactive sessions featuring professionals and educators whose work reflects the history, achievements, and contributions of Black and African American leaders. RISE encourages all students to embrace their strengths and take meaningful steps in their leadership and academic journey.

**Eligibility:** Open to students entering grades 11th - 12th in Fall 2025

**Application Opens:** February 1, 2025

**Priority Application Deadline:** February 26, 2025

**Application Deadline:** March 31, 2025

**Program Dates:** June 8 - June 11, 2025

**Location:** ASU Tempe Campus

#### **Cost to Attend:**

\$50 non-refundable registration fee Camp topics include, but are not limited to, College Readiness, choosing a major, community networking, financial wellness, leadership development, personal growth and self care.

### César E. Chávez Leadership Institute

A summer residential program at Arizona State University that focuses on college readiness, leadership and high- energy engagement. Our summer program is open to students entering their junior or senior year in Fall 2025. Chosen students will participate in workshops and activities designed to explore areas of study/major/ knowledge, foster leadership development and encourage community engagement all within a collaborative and supportive peer environment.

**Eligibility:** Open to students entering grades 11th - 12th in Fall 2025

**Application Opens:** February 1, 2025

**Priority Application Deadline:** February 26, 2025

**Application Deadline:** March 31, 2025

Program Dates: June 22 - June 25, 2025

**Location:** ASU Tempe Campus

#### **Cost to Attend:**

exploration.

\$50 non-refundable registration fee CCLI camp is designed to provide educational consciousness of César E. Chávez community leadership and civic engagement. Camp topics include, but are not limited to, sense of belonging, servant leadership, financial literacy, enhancing family generational 'wealth', mental mindfulness, community engagement, and career

## PIMA **MEDICAL** INSTITUTE

### **High School Senior Open House**



Meet instructors

Connect with students just like vou

# FOCUS

# High School Senior Open House For students and their families. Discover our healthcare

career programs.

April 2-3, 2025 3pm-7pm

### **3 Phoenix Campus Locations**

For consumer information, visit pmi.edu/consumerinfo

**East Valley Campus** 2160 S. Power Rd Mesa, AZ 85209

**Mesa Campus** Mesa, AZ 85202

**Phoenix Campus** 957 S. Dobson Rd 13610 N. Black Canyon Hwy Phoenix, AZ 85029



Scan the QR code to register!



## YOUTH ADVISORY COUNCIL

#### Calling all teens!

Are you passionate about getting involved in your community and creating an impact on different public health issues? If this resonates with you, we invite you to apply to join the Maricopa County Department of Public Health Youth Advisory Council (YAC)! This program is designed for teens from a variety of backgrounds in Maricopa County, providing an opportunity for them to collaborate and share their perspectives on various healthcare topics to help influence public health initiatives.

#### Requirements

- Must be 13-19 years old
- Must reside in Maricopa County
- Have an interest in Public Health
- Can commit to one year term July 2025 to June 2026
- There is no experience required to participate

If you are interested in participating in the council, scan the QR code to apply today! **Deadline April 21st, 2025 at 11:59pm** 



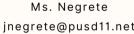
You can contact us via these email addresses: Vanessa.Eugenio@maricopa.gov Jennifer.Nguyen@maricopa.gov

# MEET WITH YOUR COUNSELOR

If you need to meet with your counselor, scan the QR code and schedule an appointment.

You can also email your counselor if you have issues with the calendar.









Mrs. Vito evito@pusd11.net







Mrs. Weaver L eweaver@pusd11.net